Advancements in Mechanical Ventilation Are the Machines Taking Over? Not Quite!!

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Disclosures

- Speakers list:
 - Hamilton Medical, Hil-Rom & Abbott Nutrition.
- Consultant Honorariums:
 - Kimberly Clark, Hamilton Medical, Hil-Rom, & Phillips.



Disclosures

 No perceived conflict of interest for today's lecture



Objectives

- Open our minds to appreciating industrial evolution
- Review Closed Loop Functionality (Modes)
- Discuss Esophageal Balloon Manometry and its clinical application at the bedside

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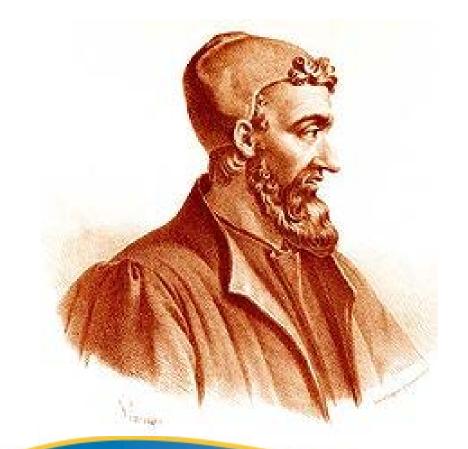


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Claudius Galenus AD 129 – 199



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"If you take a dead animal and blow air through its larynx,
[through a reed], you will fill its bronchi and watch its lungs attain the greatest distention."

Society For The Rescue of Drowned Person (1767)

- Dutch method (1774)
- 5 step process:
 - 1. Keep patient warm
 - 2. Artificial respirations through the mouth
 - 3. Stimulants placed orally
 - 4. Bleeding

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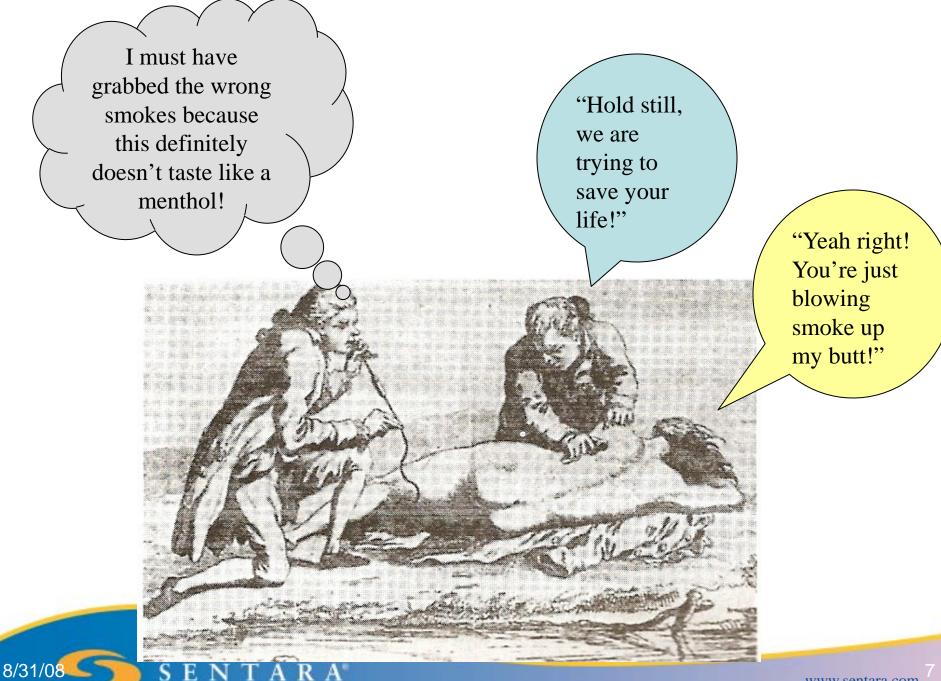
5. Fumigation with tobacco smoke through the rectum.

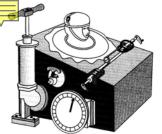
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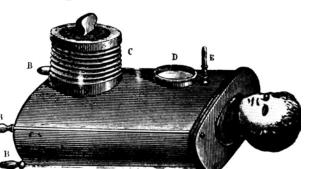
Morch ET. Mechanical Ventilation, NY 1985.

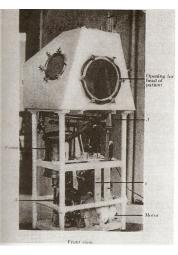




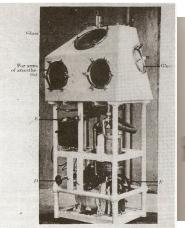






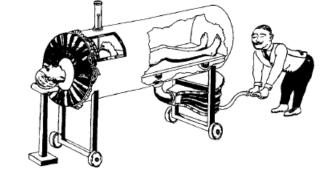


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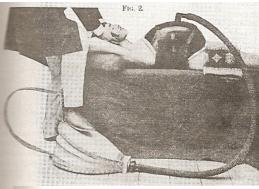
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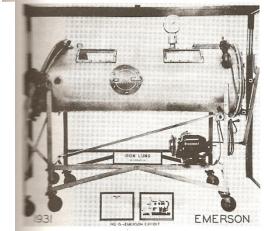
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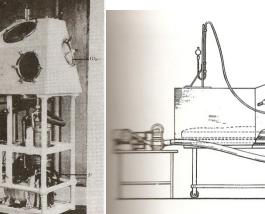


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Paralytic Polio (1930-40's)

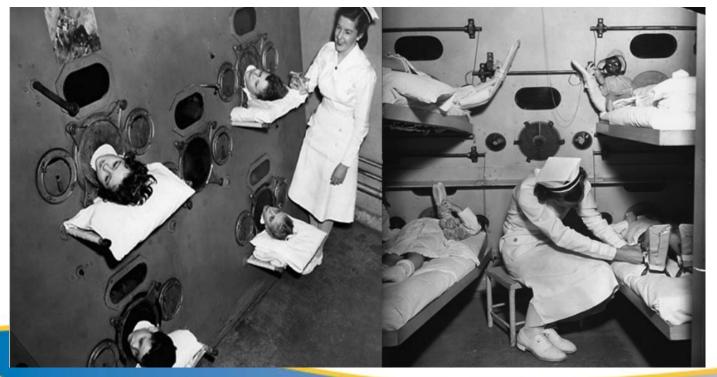






Paralytic Polio (1930-1940's)

• Despite the use of iron lungs and cuirass shells, mortality was around 85%.





1952 Polio Epidemic of Copenhagen, Denmark

• Blegdamshospital hospital for communicable diseases.

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- Of the first 31 pts admitted, 27 died within 3 days.
- Out of desperation, Chief Physician & Epidemiologist Henry Lassen called Bjorn Ibsen for consultative advice.



1952 Polio Epidemic of Copenhagen, Denmark

- After reviewing medical records and autopsy results, Ibsen made 2 startling conclusions:
 - In fatal cases there was not sufficient enough atelectasis within the lungs to make adequate ventilation impossible.
 - Increased levels of Total CO2 reflected respiratory acidosis.

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- Inadequate Ventilation cause of death
- Suggested tracheotomy placement for positive pressure ventilation.

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Case #32

- 12 year old girl
- During tracheostomy she became comatose.
- Many physicians observed the trial began to leave thinking the outcome would be fatal.
- Ibsen paralyzed her, she collapsed and he was finally able to ventilate her.

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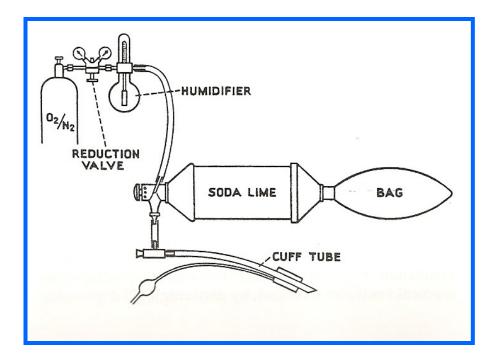
Human "Ventilators" 1952

 1500 medical & dental students, technicians, volunteers, and other personnel worked around the clock providing bag ventilation by hand to support these patients.

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Mechanical Ventilation Years in the making

1948- Bennett TV-2P 1950- Engstrom 150 1954- Drager Poliomat 1954- Thompson Portable Respirator 1955- Morch "Piston" 1955- Bird Mark 7 1955- Emerson High Frequency Vent 1958- Emerson Assistor/Controller 1963- Air-Shields 1000 1963- Puritan Bennett PR-2 1964- Emerson "Post-Op" 3-PV 1964- Bourns LS-104-150 1967- Puritan Bennett MA-1 1968- Ohio/Monaghan 560 1968- Drager Spiromat 1968- Loos Co. Amsterdam 1968- Engstrom 300

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1970- Veriflo CV 2000 1970- Hamilton Standard PAD1 1972- Monaghan 225, 225-SIMV 1972- Bird-Baby Bird 1972- Bird- IMV Bird 1972- Siemens Servo 900 1973- Chemtron Gill 1 1974- Emerson IMV 1974- Searle VVA 1974- Ohio 550 1975- Bourns Bear 1 1976- Forreger 210 1978- Puritan Bennett MA 2 1980- Engstrom Erica 1982- Siemens Servo 900C 1983- Biomed IC-5 1984- Puritan Bennett 7200

1984- Sechrist Adult 2200B 1985- Bear Medical Bear 5 1985- Ohmeda CPU 1986- Hamilton Veolar 1986- Bird 6400 ST 1986- Infrasonics Infant Star 1988- Bear 3 1988- Hamilton Amadeus 1988- Siemens E 1988- Bird 8400ST 1989- Bunnell Life Pulse 1989- PPG (Drager) IRISA 1989- Bird VIP 1989- Infrasonics Adult Star 1991- Siemens Servo 300 1993- Bear 1000

Masferrer: Resp Care: 1991.

Lack of Standardization Mosby's Resp. Equipment 8th edition 56 different names of modes

| | Assist/Control | | | | DBMC | | PSV/CPAP | APRV | Additional Mode(s) or Feature(s) |
|---|--|----------------------------|------------------------|-------------------------|-----------------------|--|-----------------------------|--|---|
| Ventilator | CMV-Vol | PCV | SIMV-VC | SIMV-PC | PRVC | SIMV PRVC | PSV/CPAP | | of reactine(3) |
| Cardinal AVEA | Volume A/C | Pressure A/C | Volume SIMV | Pressure SIMV | PRVC | PRVC SIMV | CPAP-PSV | APRV Biphasic | TCPL-A/C and TCPL-SIMV |
| Cardinal BEAR 1000 | Assist CMV | Pressure control | SIMV/CPAP and PSV | PC-SIMV and CPAP PSV | _ | _ | PS/CPAP | _ | Pressure augment and MMV (operates in SIMV/CPAP and increases rate) |
| Cardinal VELA | Volume A/C | Pressure A/C | Volume SIMV | Pressure SIMV | PRVC A/C | PRVC and SIMV | CPAP-PSV | APRV and Biphasic | _ |
| Dräger Evita 4 | CMV | PCV+ | SIMV (vol.) + PSV | SIMV (Press.)+ PSV | AutoFlow [™] | AutoFlow [™] with SIMV (volume) | PSV-CPAP | APRV | MMV & MMV + PS (increase f at set volume) |
| Dräger EvitaXL | CMV | PCV+ (i.e., BiPAP) | SIMV (vol.) and PSV | SIMV (Press.)+ PSV | AutoFlow [™] | AutoFlow [™] with SIMV (volume) | PSV-CPAP | APRV | MMV & MMV + PS (increase f at set volume) |
| Hamilton GALILEO Gold (two names: | S(CMV) or A/C | P-A/C or P-CMV | SIMV | P-SIMV | APVcmv | APVsimv | SPONT (PSV-CPAP) | APRV or DuoPAP | ASV |
| U.S. or U.K.) Hamilton RAPHAEL | S(CMV)+ | PCV+ | SIMV+ | PSIMV+ | (S)CMV+ | SIMV+ | SPONT (PSV-CPAP) | DuoPAP and DuPAP+ (extended I:E) | ASV |
| Maquet Servo 300 | VC | РС | SIMV (Vol. Contr.) | SIMV (Press. Contr.) | PRVC | — | PS/CPAP | _ , | VS |
| Maquet Servo ⁱ and Servo ^s | VC | PC | SIMV (Vol. Contr.) | SIMV (Press. Contr.) | PRVC | SIMV (PRVC) | PSV/CPAP | BiVent | VS, NAVA available on Servo ⁱ |
| Newport Medical Instruments Wave E200 | A/C (volume) | A/C (pressure) | SIMV (volume) | SIMV (pressure) | _ | - | SPONT (PS and CPAP/PEEP) | | |
| Newport e500 | A/CMV (volume) | A/CMV (pressure) | SIMV (volume) | SIMV (pressure) | VTPC | SIMV-VTPC | SPONT (PS and VTPS) | | VTPS |
| PB 840 | (volume) Assist/control (volume) | Assist/control (Press.) | SIMV (volume) | SIMV (pressure) | VC+ | SIMV VC+ | SPONT (PSV-CPAP) | Bilevel | PAV+ VS |
| PB 740 | AC-VCV | _``` | SIMV-VCV | _ | | _ | CPAP and PS | | _ |
| PB 760 | AC-VCV | AC-PCV | SIMV-VCV | SIMV-PCV | _ | _ | CPAP and PS | | |
| PB 7200 | CMV | PCV | SIMV (VC) | SIMV (PC) | | _ | CPAP and PSV | | |
| Respironics | VCV-A/C | PCV-A/C | VCV-SÌMÝ | PCV-SIMV | | - | CPAP and PSV | _ | NPPV |
| Esprit | , | | | | | | | | |

Information Overload

- Limits to human capacity for information processing
- 1956
 - Humans are able to manage 7 variables simultaneously (the input) before decisions (the output) become degraded.

Miller G. The magical number 7, plus or minus two: some limits on our capacity for processing information. Psychol Rev 1957; 63:81-97.



Information Overload

• 2000

 Human capacity to store and process information is limited to 3-5 (4) variables at a time.

Cowan, N. The magical number 4 in short-term memory: A reconcideration of mental storage capacity. Behavioral and Brain Sciences 2000;24, 87-185.



Information Overload Avg. Ventilator incorporates 11 modes of ventilation

C-CMV PC-CMV SIMV PC-IMV **PSV** NIV **APRV** PRVC ASV/NAVA PAV/SMARTCARE 8/31/08 TRC/ATC

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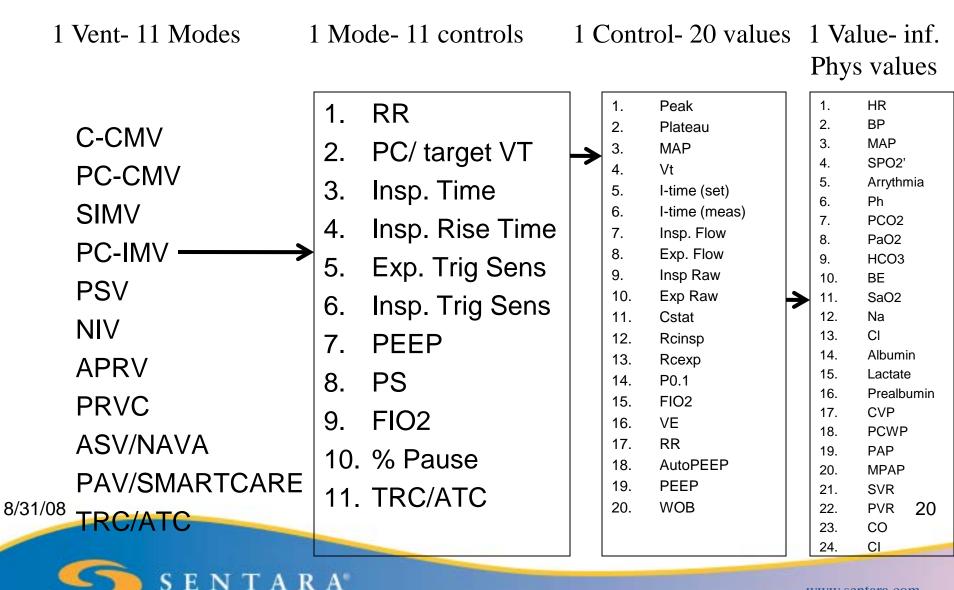
Draeger Evita XL



Viasys Avea



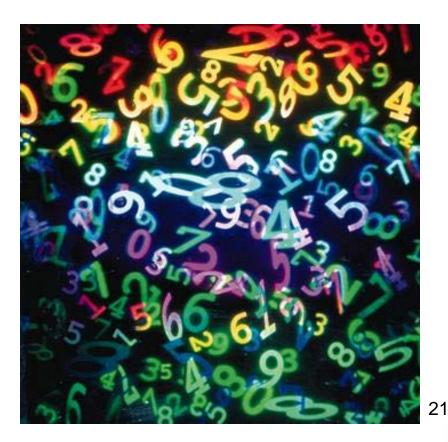
Information Overload



Information Overload

 More than 236 variable categories noted for an ARDS patient.

Morris et al. Computer Applications: Principles of critical care. New York, McGraw-Hill;1992, 500-514.



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What is "Open Loop" Control?

"If I target a goal, and I get an unwanted result in return, "I" make the adjustment to achieve the goal."



What is "Open Loop" Control?

- Goal
 - Output control
 - Operator
 - Feedback Loop
 - Open control response
 - Result
 - Subsequent adjustment by operator to meet goal.



Goal: Drive vehicle at 60 mph.

Output Control: Vehicle with gas pedal

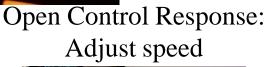




Operator: (Crazy Old Dude)



End Result: Drive @ 60 mph





Feedback Loop: Speedometer



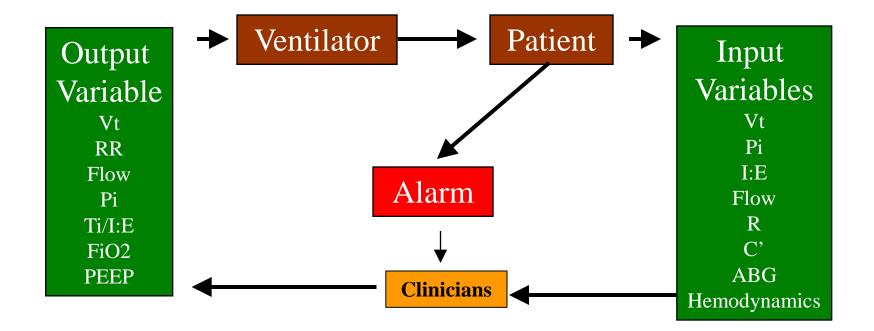
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Open-Loop Control Mechanical ventilation





What is "Closed Loop" Control?

 "If I target a goal, and I get an unwanted result in return, "the device automatically" makes the adjustment to achieve the goal."



Goal: Drive vehicle at 60 mph.

Output Control: Vehicle with gas pedal



Operator: (Crazy Old Dude)



End Result: Drive @ 60 mph



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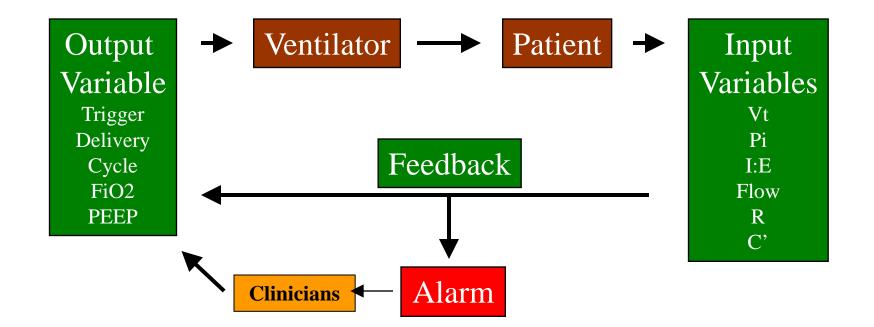
Feedback Loop: Speedometer

Closed Loop Control Response: Adjust speed

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Closed-Loop Control







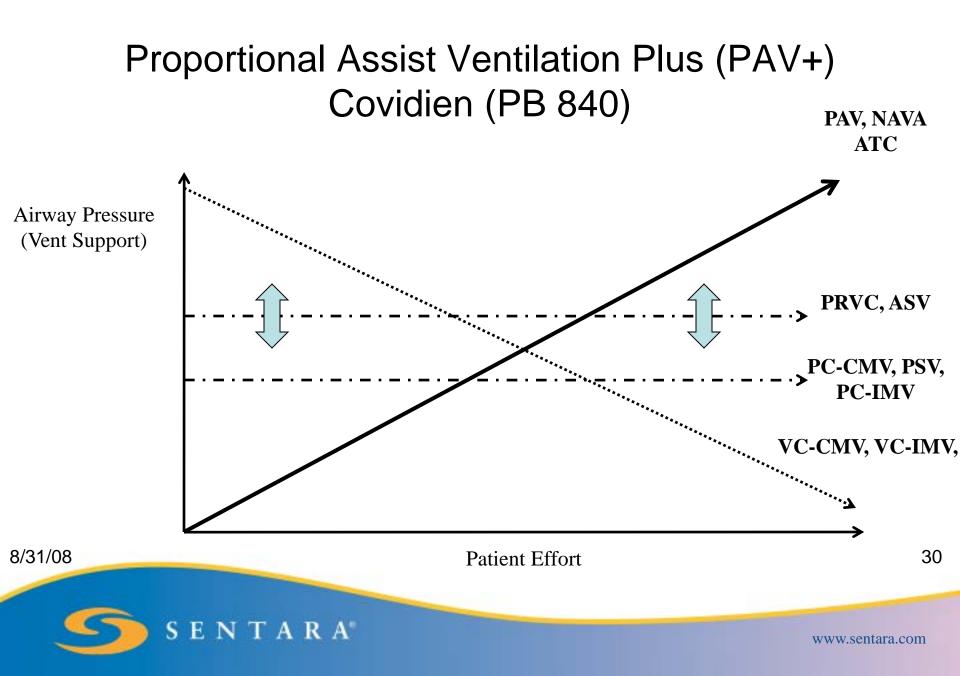
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Proportional Assist Ventilation Plus (PAV+) Covidien (PB 840)

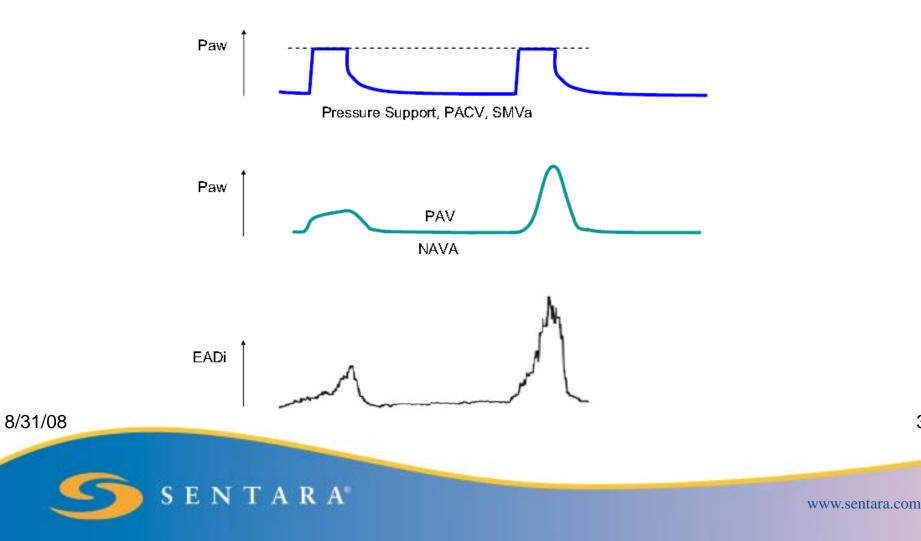
- Introduced in 1992 (Dr. Younes) just a few years after Pressure Support.
- Equation of motion:
 - $-P_{mus} + Pvent = (V)(E) + (V)(R)$
 - PAV+ uses an end inspiratory hold to measure Raw & E.
- Influenced by autoPEEP & leaks.

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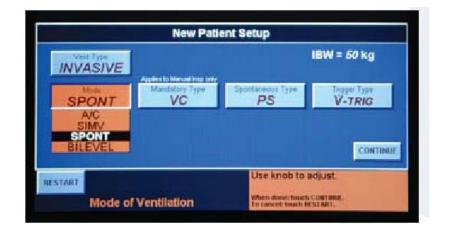


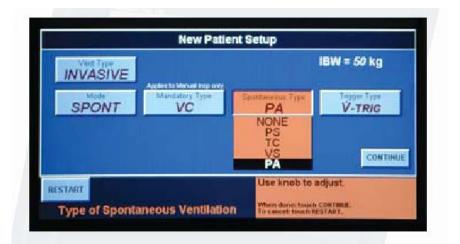


Proportional Assist Ventilation Plus (PAV+) Covidien (PB 840)



PAV+ Setup

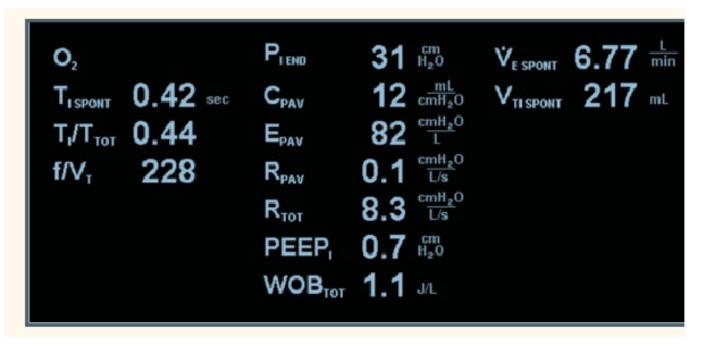




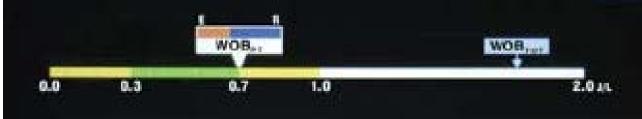


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PAV+ Monitoring Display



 $P_{mus} + Pvent = (V)(E) + (F)(R)$





Data supporting PAV+

- Improved Exercise Tolerance
- Improved Sleep
- Improved synchrony in Critically ill pediatric pts.
- Reduced Patient WOB in NIPPV
- Improved patient ventilator synchrony in Invasive MV patients



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Neurally Adjusted Ventilator Assistance (NAVA) Maquet Servo-i

- Introduced 1999 (Dr. Sinderby)
- Uses esophageal catheter to measure electrical activity of the diaphragm (EADi).
- No influence of leaks or auto-PEEP on initiation of the vent cycle.

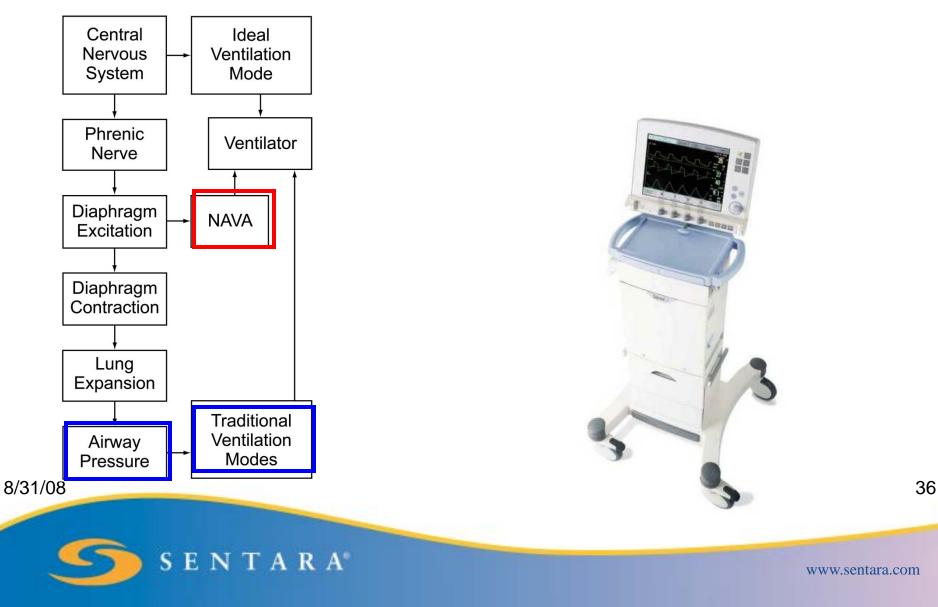


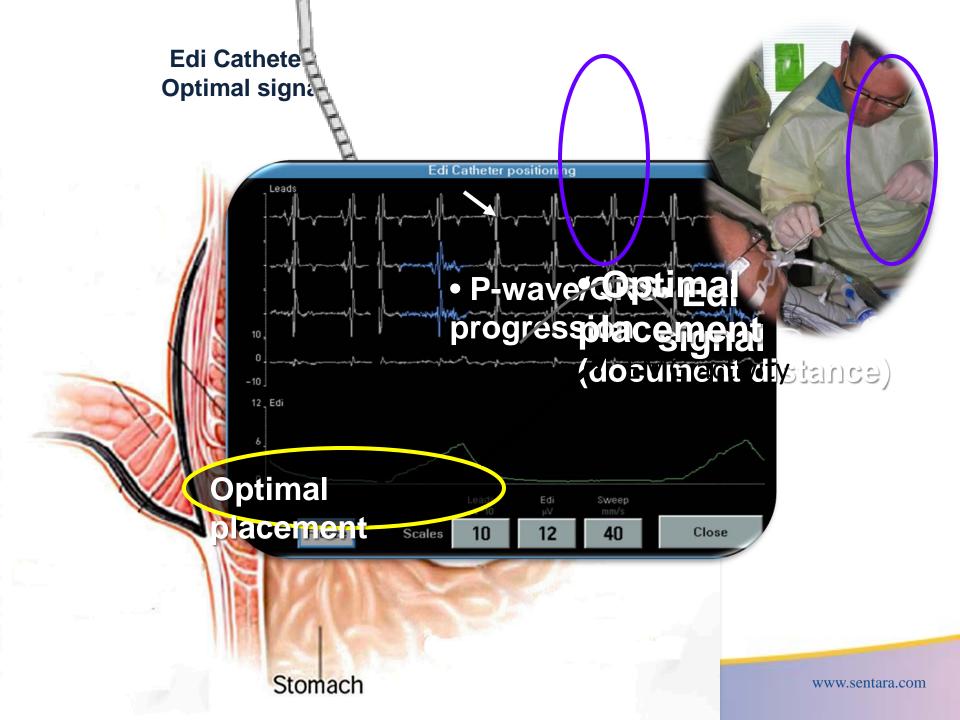
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Neurally Adjusted Ventilator Assistance (NAVA) Maquet Servo-i





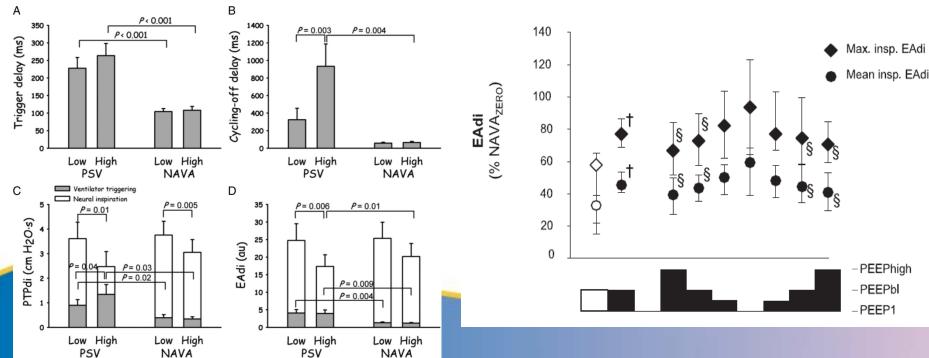






NAVA invasive ventilation

| First Author | Year | Patient Type | Key Findings |
|--------------|------|------------------------------------|---------------------|
| Colombo D. | 2008 | ARF without chronic RF | Improved ventilator |
| Brander L. | 2009 | Stable hypercapnic pts w/COPD | synchrony, trigger |
| Lecomte F. | 2009 | COPD and ARF | delay, cycle delay, |
| Jalde F. | 2010 | ARF | |
| Schmidt M. | 2010 | Stable chronic ventilatory failure | |
| Sphahija J. | 2010 | Hypercapnic ARF | |
| Passath C | 2010 | CF and chronic RF | |

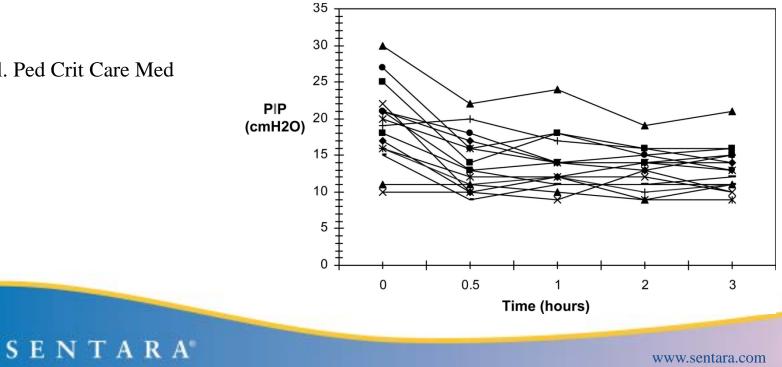




NAVA in Neonates/Children

| First Author | Year | Patient Type | Key Findings |
|--------------|------|-------------------------------------|-------------------------------------|
| Beck J | 2009 | 26 week (936 g) | No diff in trig and cycling delays |
| Bengtsson J. | 2010 | 21 MV children (2days-15 years) | Improved neural trigger and cycling |
| Breatnach C. | 2010 | 16 Infants (mean 9.6 months of age) | Improved synchrony & Lower PIP |

Breatnach C. et al. Ped Crit Care Med 2010;11(1):7-11



Adaptive Support Ventilation (ASV) Hamilton Medical (Galileo, G5, & C2)

- Introduced in 1994 by Laubsher as adaptive lung ventilation
- Based on Otis Least work of Breathing equation:

 $f = \frac{\sqrt{1 + 2a \times RCexp \times (MinVol - f \times Vd)/Vd} - 1}{a \times RCexp}$

Automatically generates a RR/Vt combination to achieve desired MV.

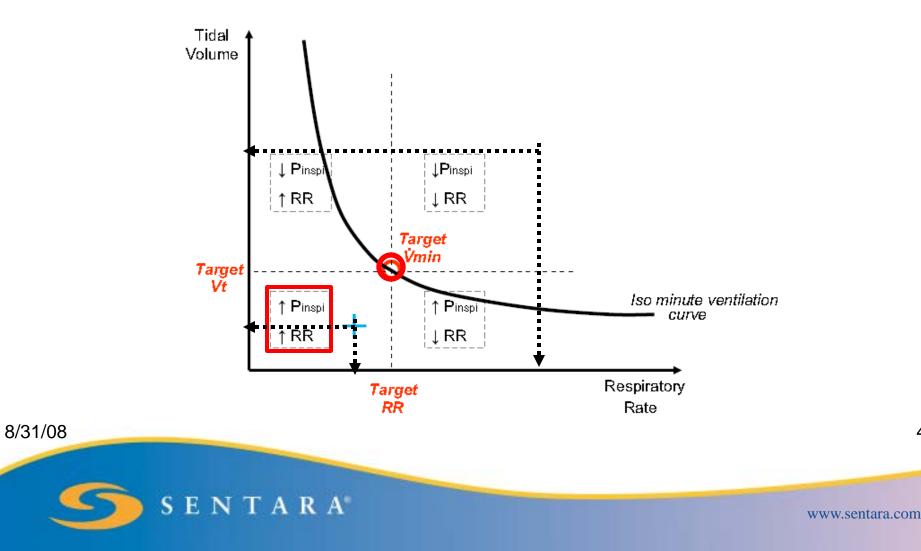






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Adaptive Support Ventilation (ASV) Hamilton Medical



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ASV Invasive Ventilation

| First Author | Year | Patient Type | Key findings |
|---------------|------|----------------------------------|---|
| Sulzer C. | 2001 | Cardiothoracic Surgery | Faster wean times, |
| Tassaux D. | 2002 | 10 pts with diverse causes & ARF | less alarms, better adaptation of RR/Vt |
| Cassina T. | 2003 | COPD and ARF | combination, and Vt |
| Petter A. | 2003 | 45 ARF pts | selection in |
| Belliato M. | 2004 | ARF, CRF, and normal lungs | response to respiratory mechanic changes. |
| Linton D. | 2006 | 27 ventilator dependent pts. | |
| Arnal J. | 2008 | Lung model | |
| Gruber P | 2008 | Cardiothoracic surgery | |
| Donglemans D. | 2009 | Cardiothoracic surgery | |
| Donglemans D. | 2010 | Cardiothoracic surgery |] |
| Chen C. | 2011 | Ahead of print, Medical ICU pts | |
| Donglemans D. | 2011 | 10 ARDS pts. | |



SmartCare (NeoGanesh) Draeger Medical

- Introduced by Dr. Dojet 1992.
- Knowledge based system:
 - RR
 - Vt
 - EtCo2
 - Automatic SBT

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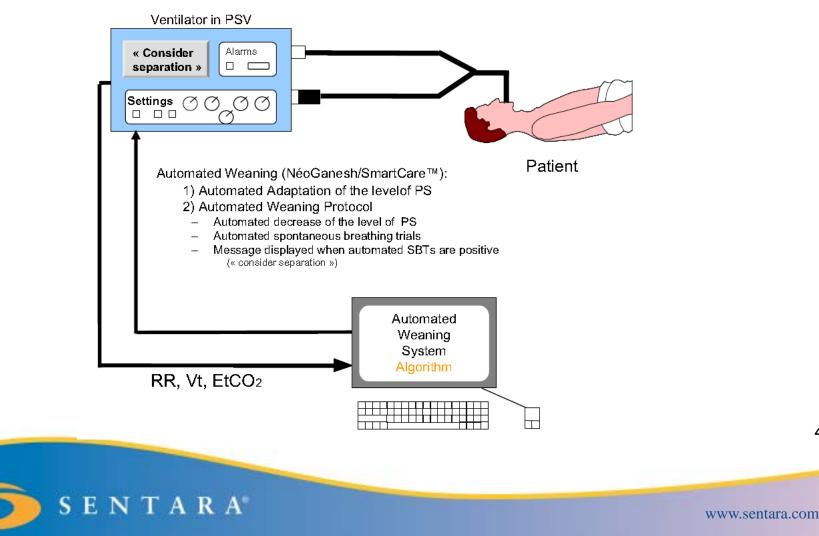






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Smart Care Working Principles Draeger Medical



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SmartCare (Draeger Medical)

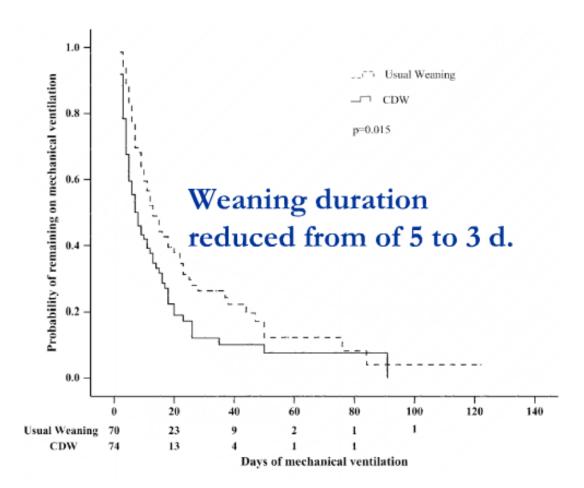
- Algorithm for weaning is based on RR, Vt, & ETCO2 measured every 2—5 minutes.
- Automation:
 - Adjust PS to keep patient in comfort zone
 - Automatically initiate SBT when





SmartCare (Draeger Medical)

| First Author | Year |
|--------------|------|
| Dojat | 1992 |
| Dojat | 1996 |
| Dojat | 1996 |
| Dojat | 2000 |
| Lellouche | 2006 |
| Rose L. | 2008 |



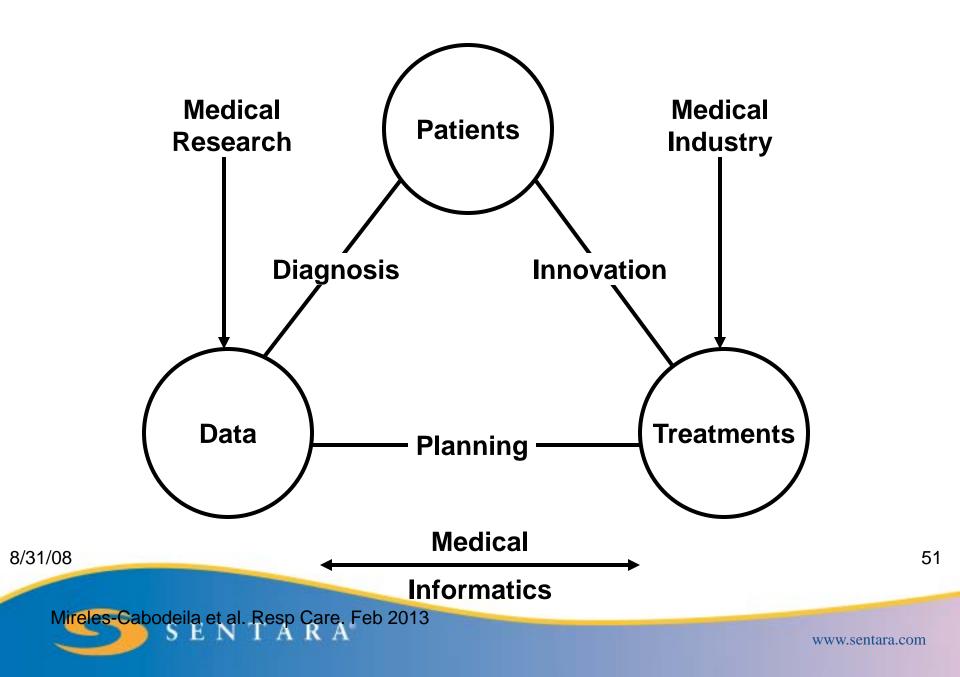


Esophageal Manometry guided Mechanical Ventilation What's old is new again!

Case Reports







The World We Live in.....

• No two people are alike!



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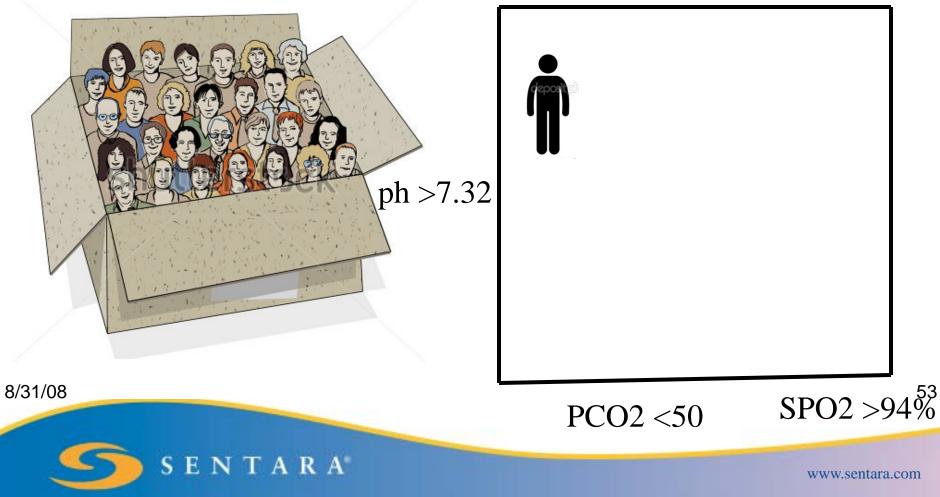


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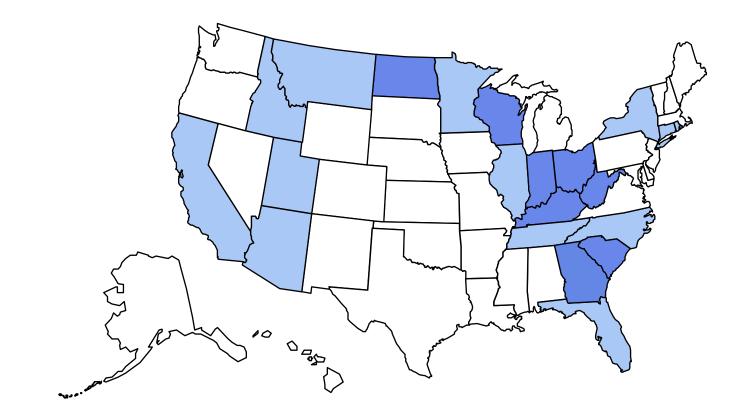
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Not everyone fits in a box... (Hypothetical example)

Plateau $\leq 30 \text{ cm H2O}$

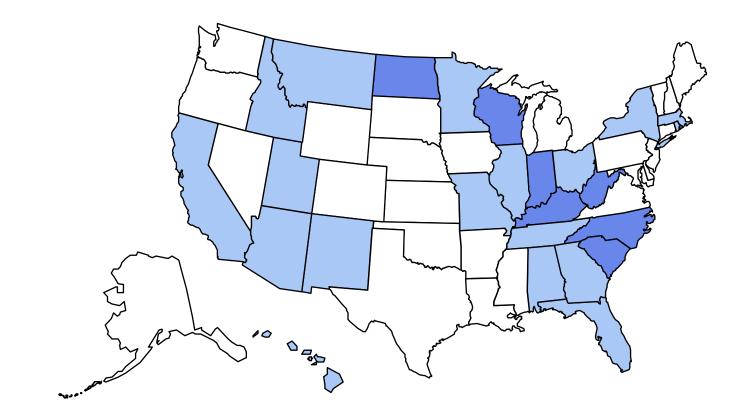


(*BMI \geq 30, or ~ 30 lbs. overweight for 5' 4" person)

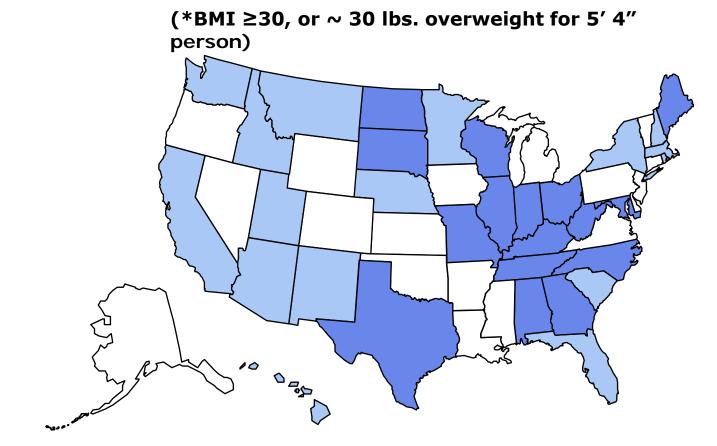




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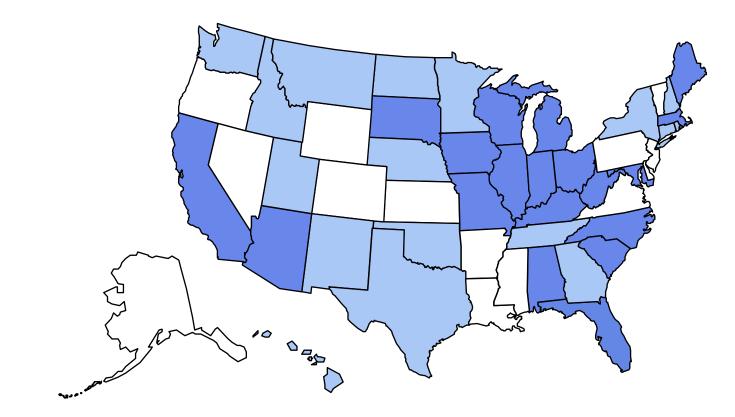






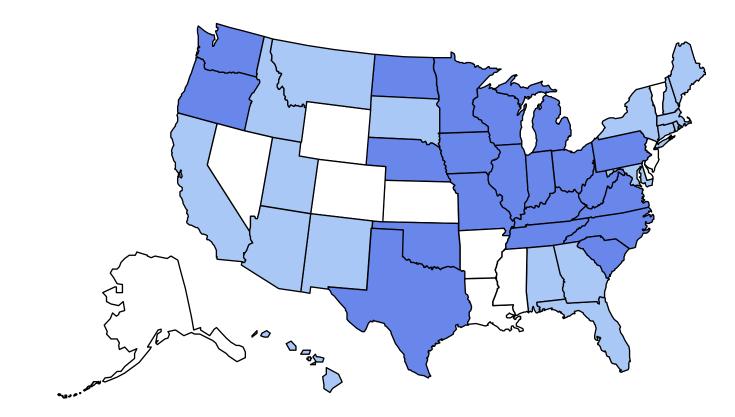


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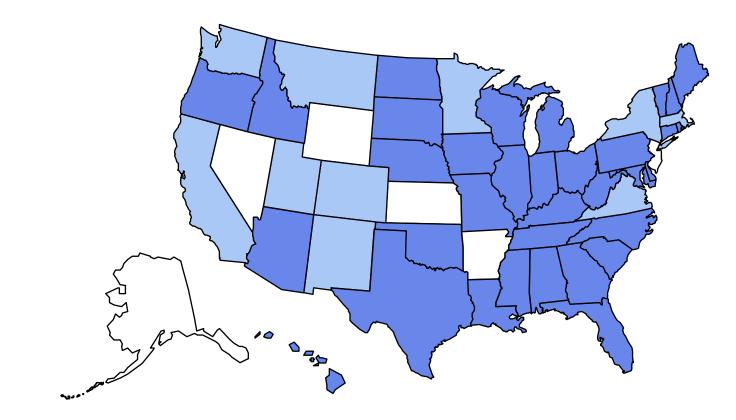


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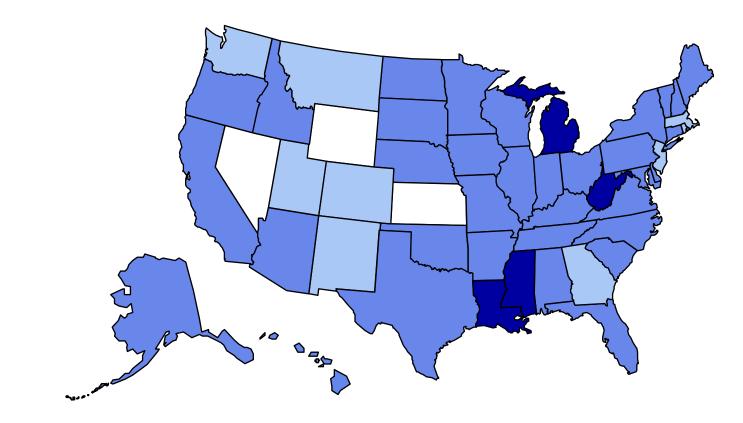
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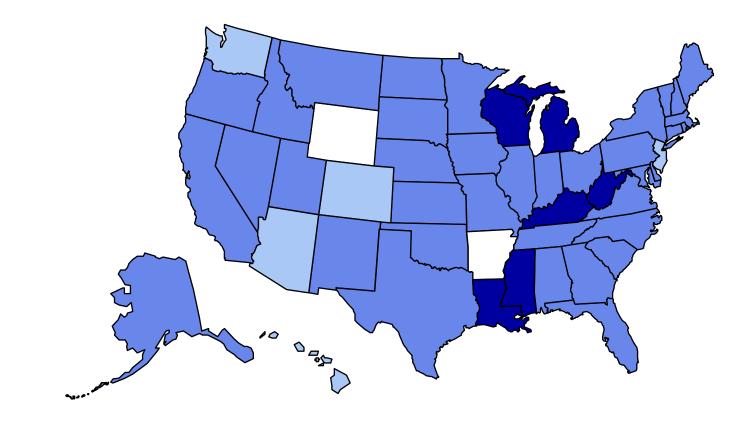


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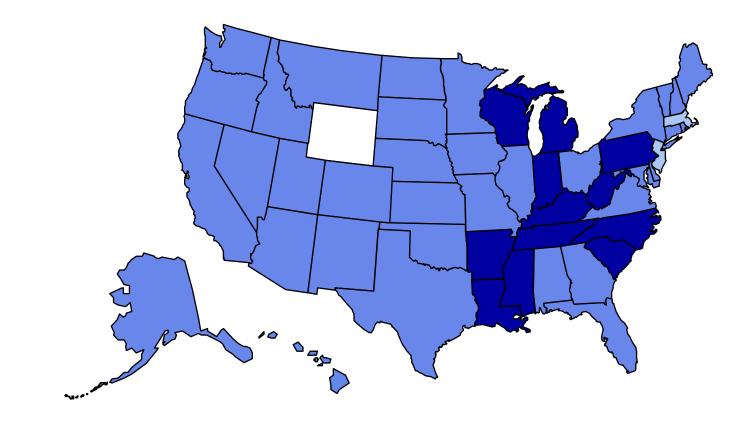


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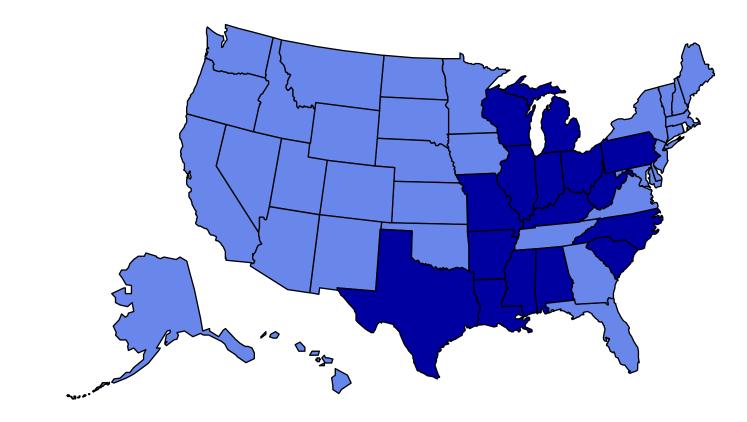


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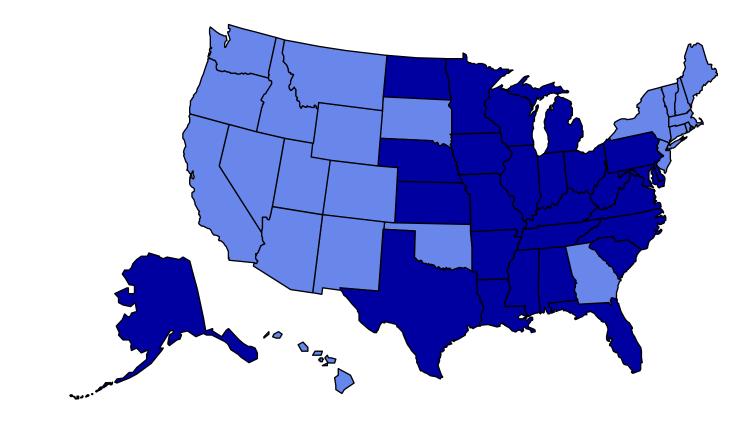


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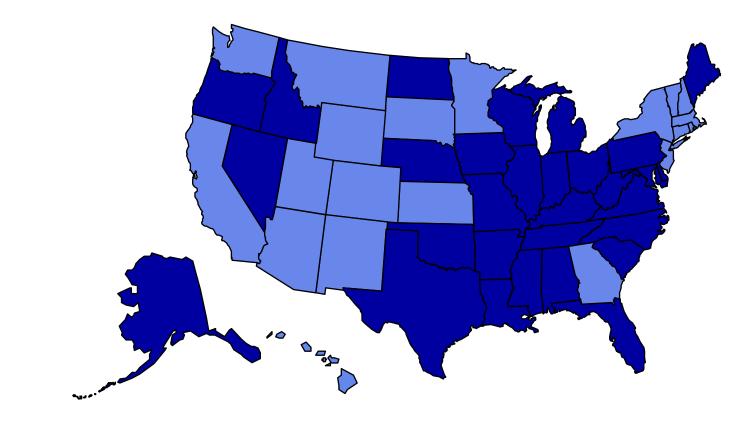


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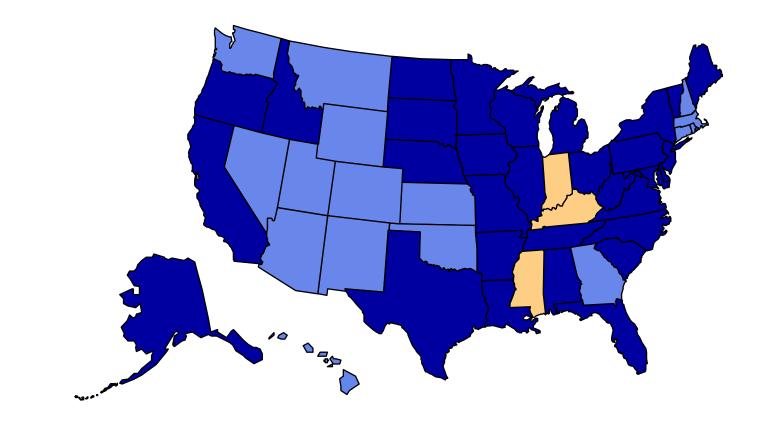


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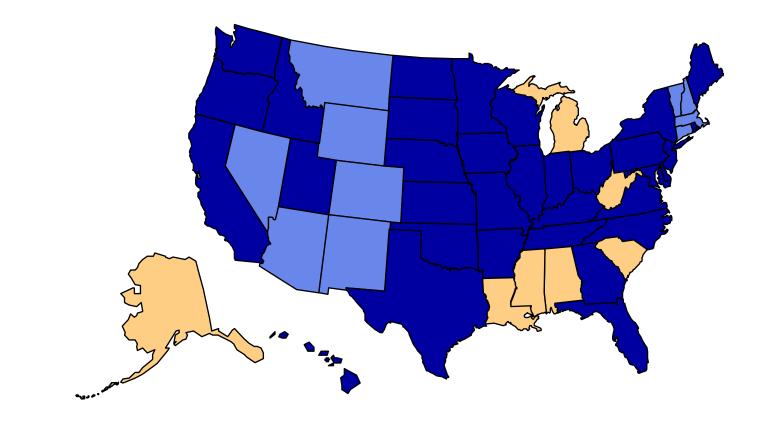


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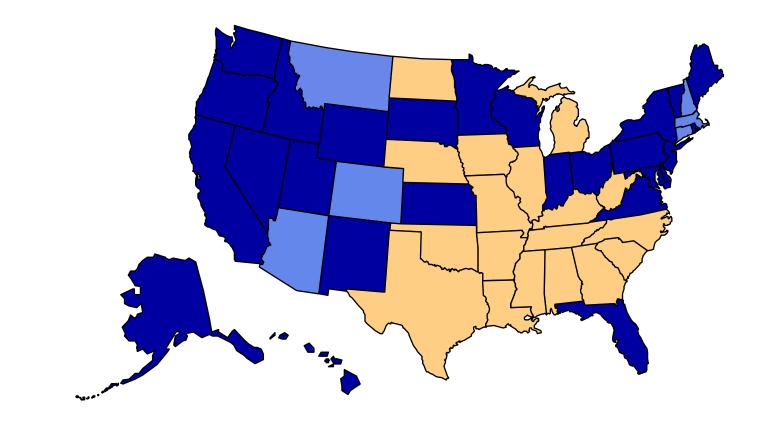


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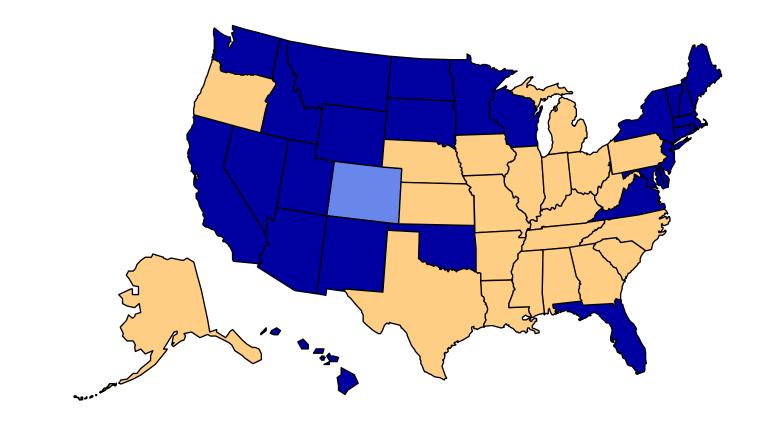


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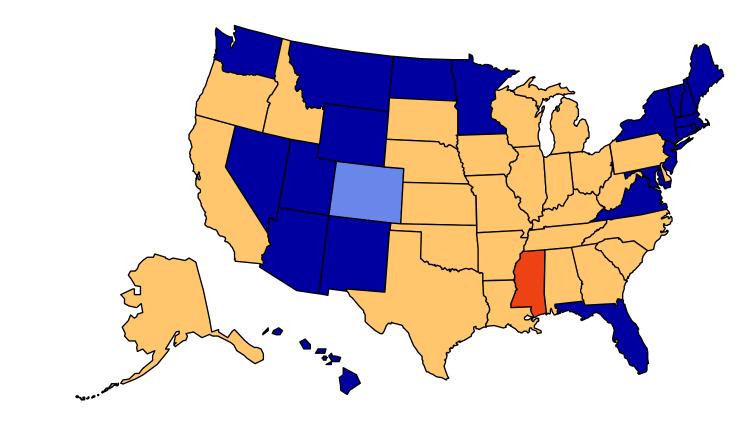


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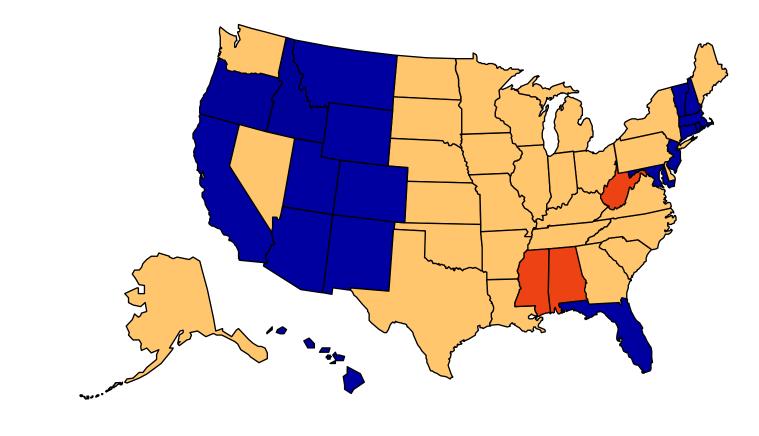


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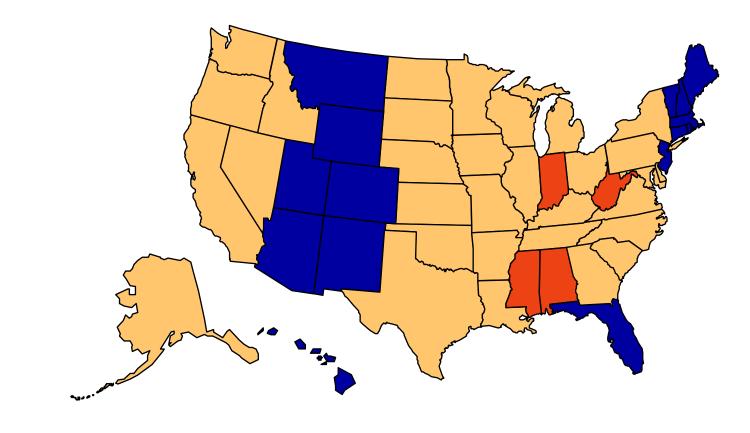


(*BMI \geq 30, or ~ 30 lbs. overweight for 5' 4" person)



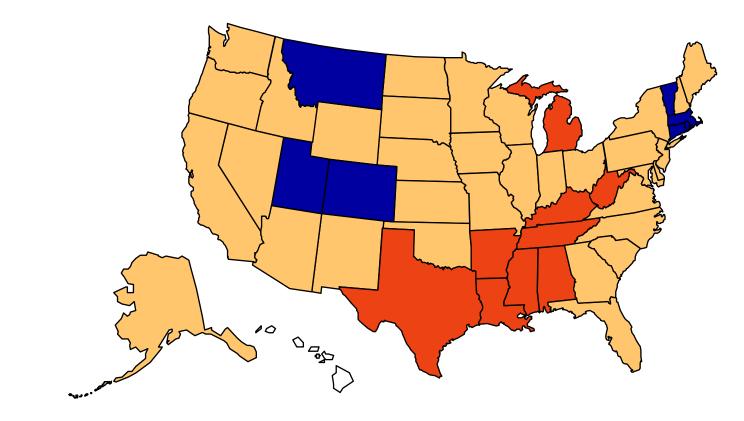


(*BMI \geq 30, or ~ 30 lbs. overweight for 5' 4" person)



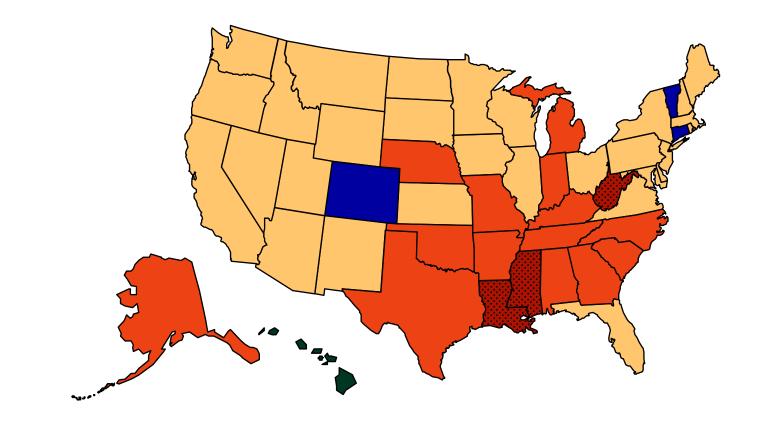


(*BMI \geq 30, or ~ 30 lbs. overweight for 5' 4" person)

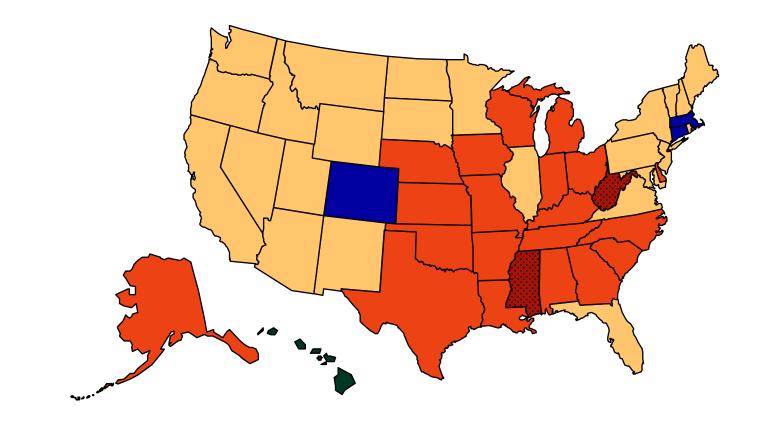




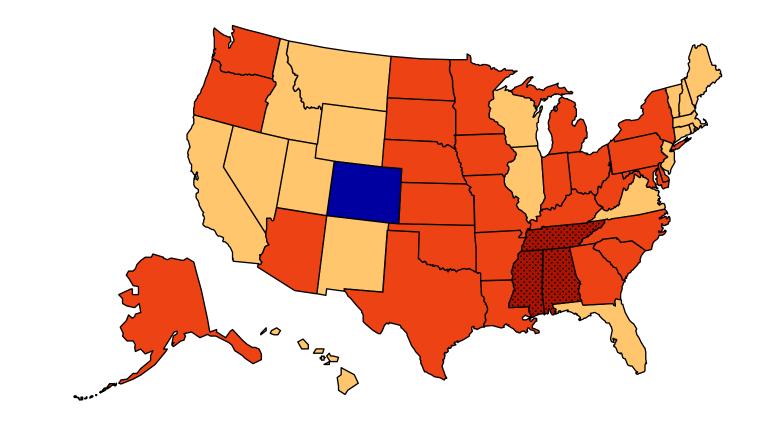
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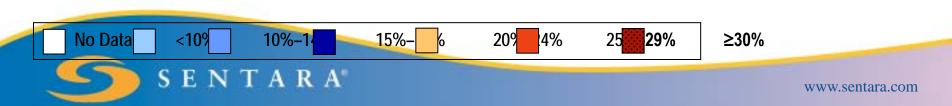


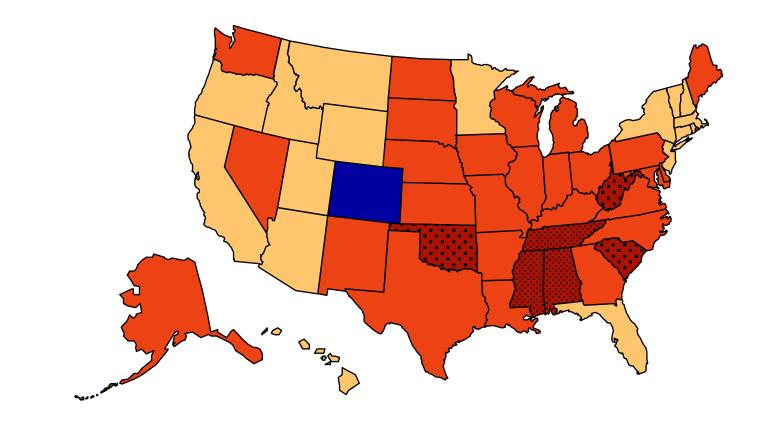




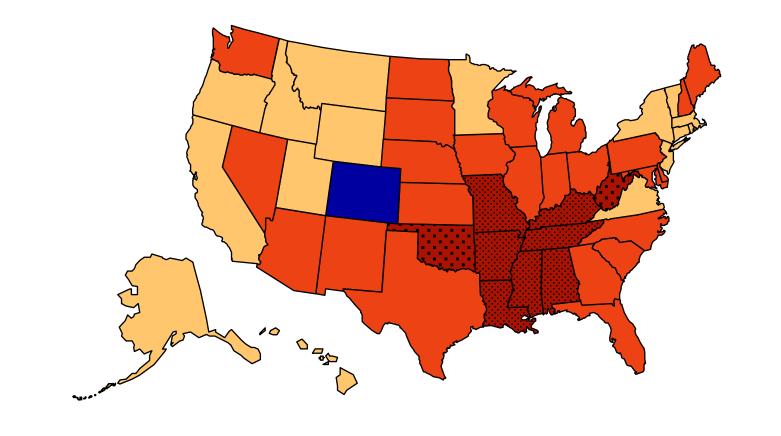


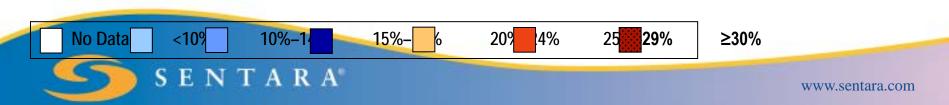


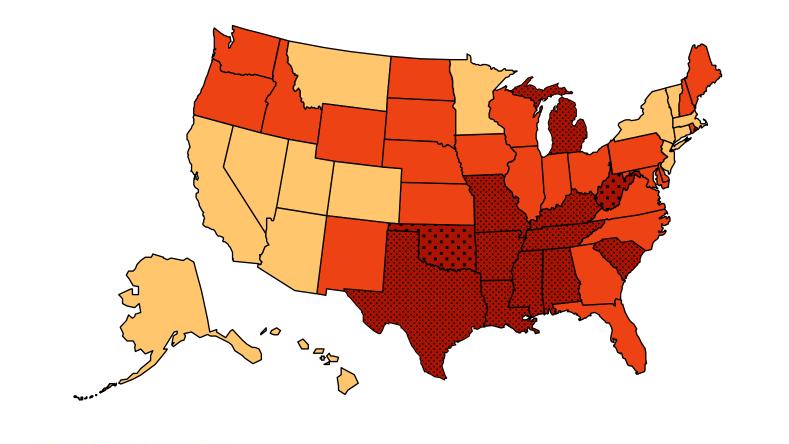


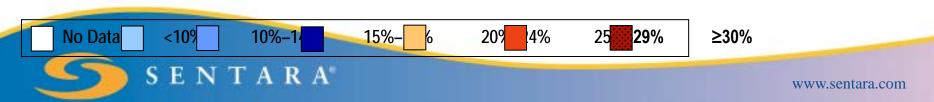




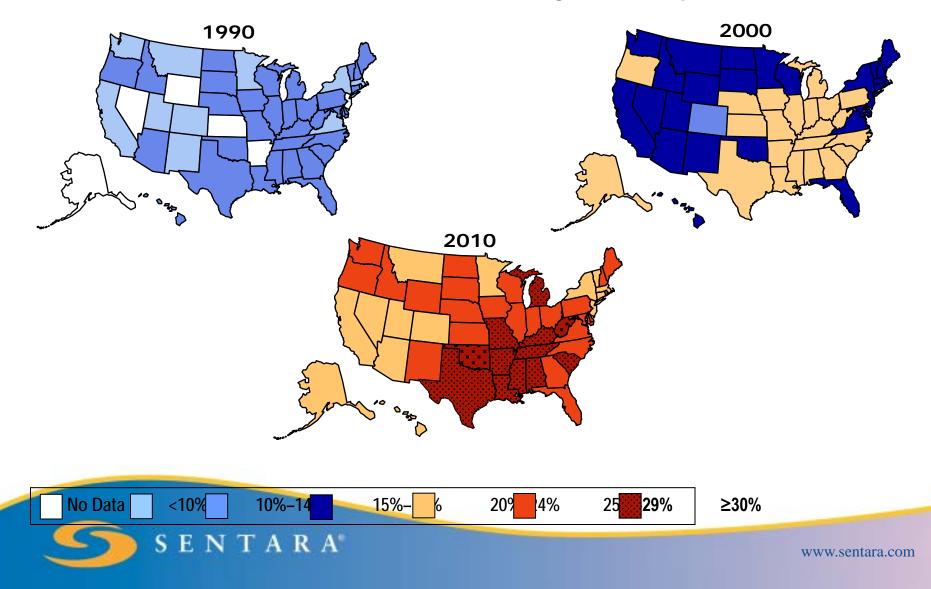


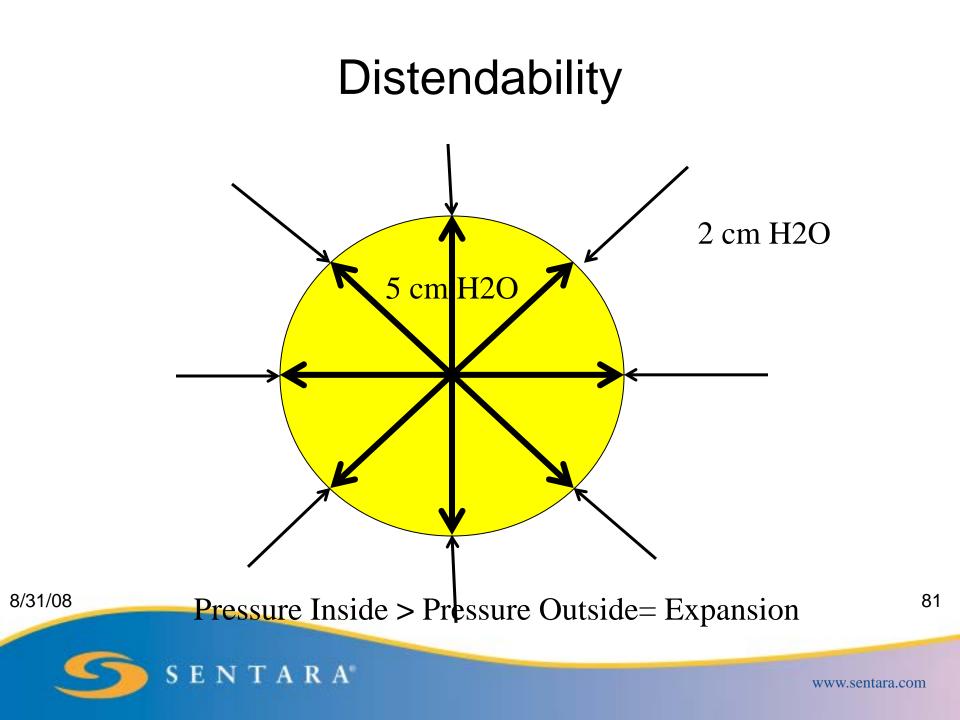




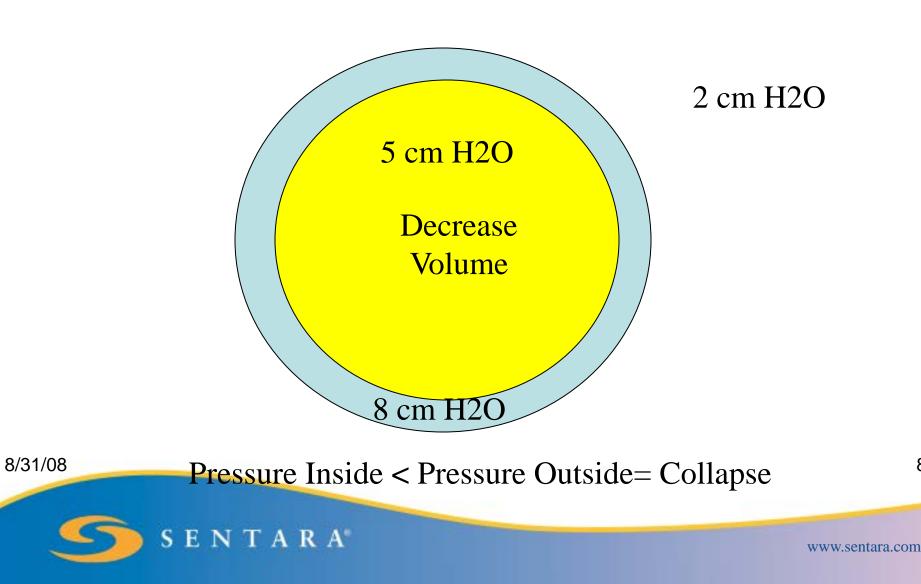


Obesity Trends* Among U.S. Adults BRFSS, 1990, 2000, 2010

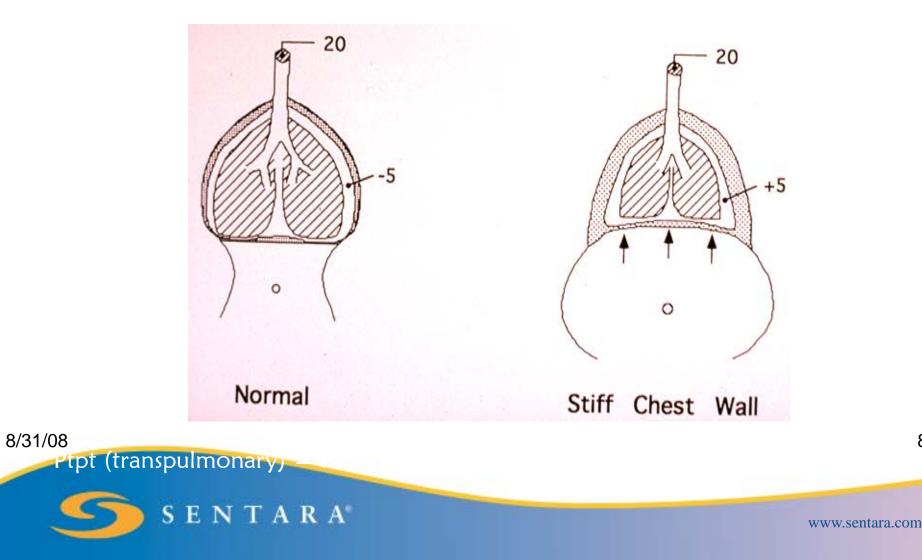




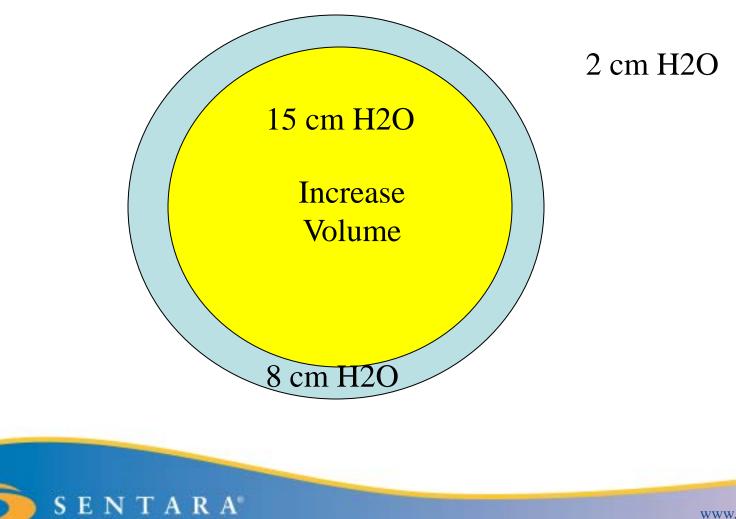
Distendability



Partitioning of Alveolar Pressure is a Function of Lung and Chest Wall Compliances







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Gentle compression of the abdomen to confirm placement

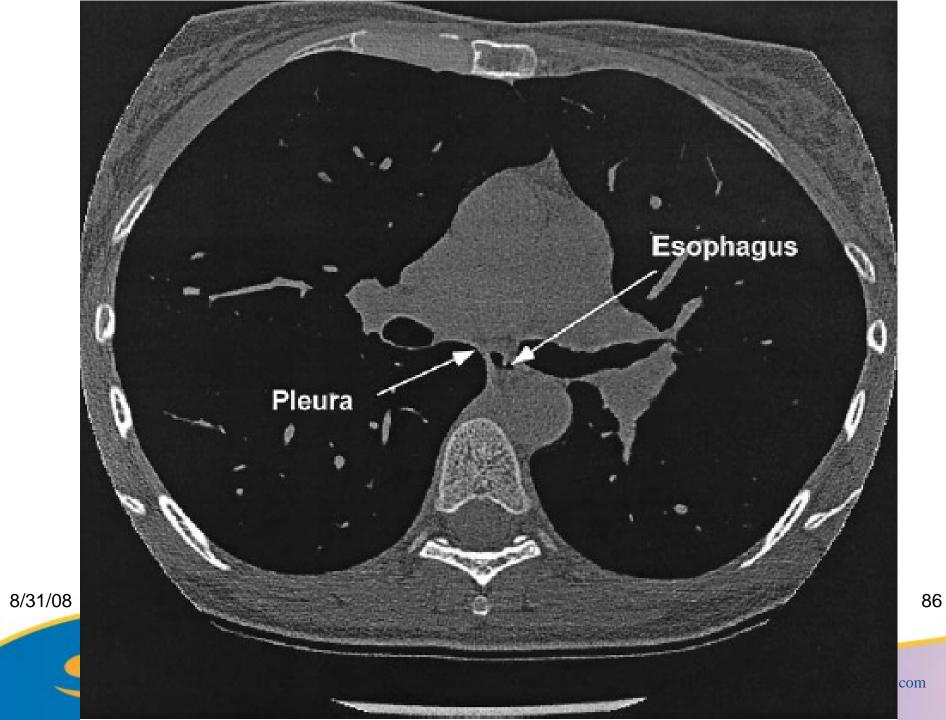
60 cm



Look for cardiac oscillations

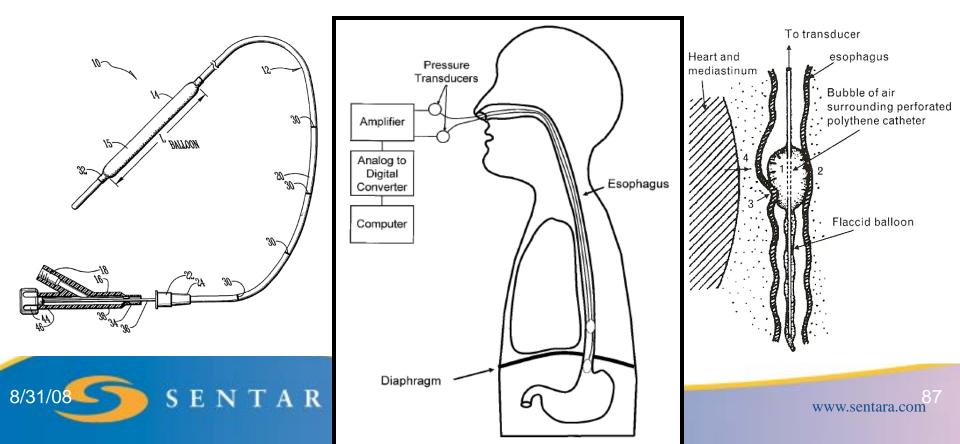
40 cm

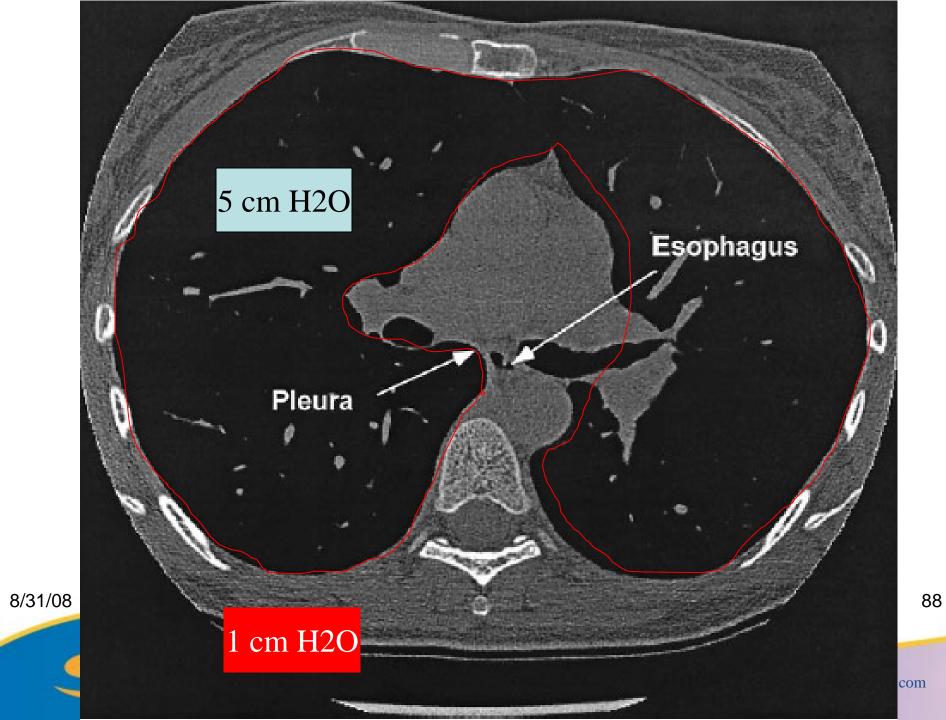


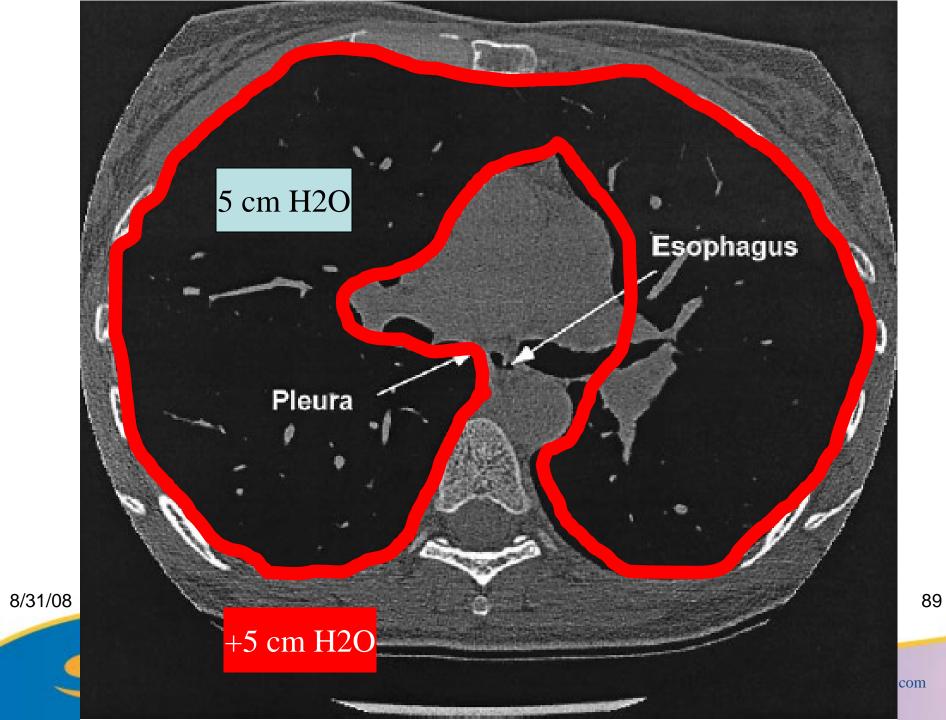


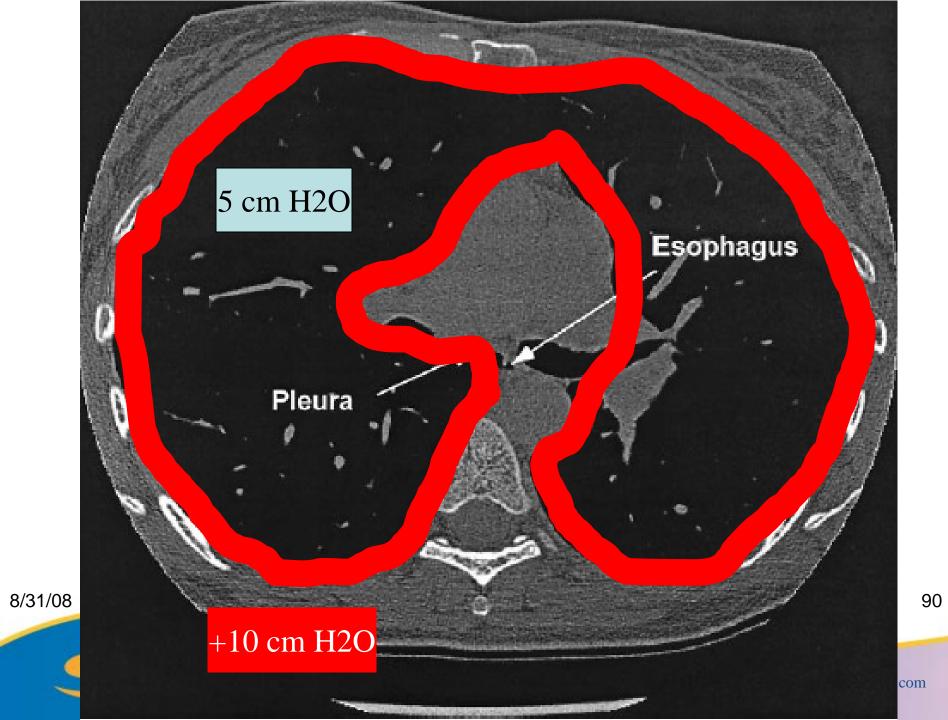
Esophageal Pressure Guided PEEP

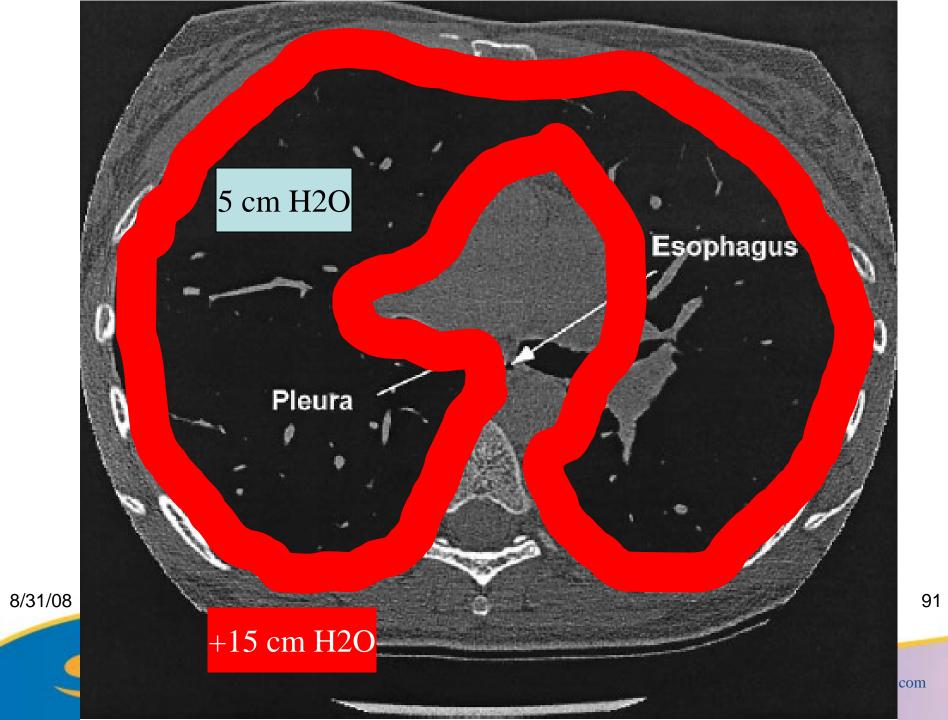
Esophageal Balloon

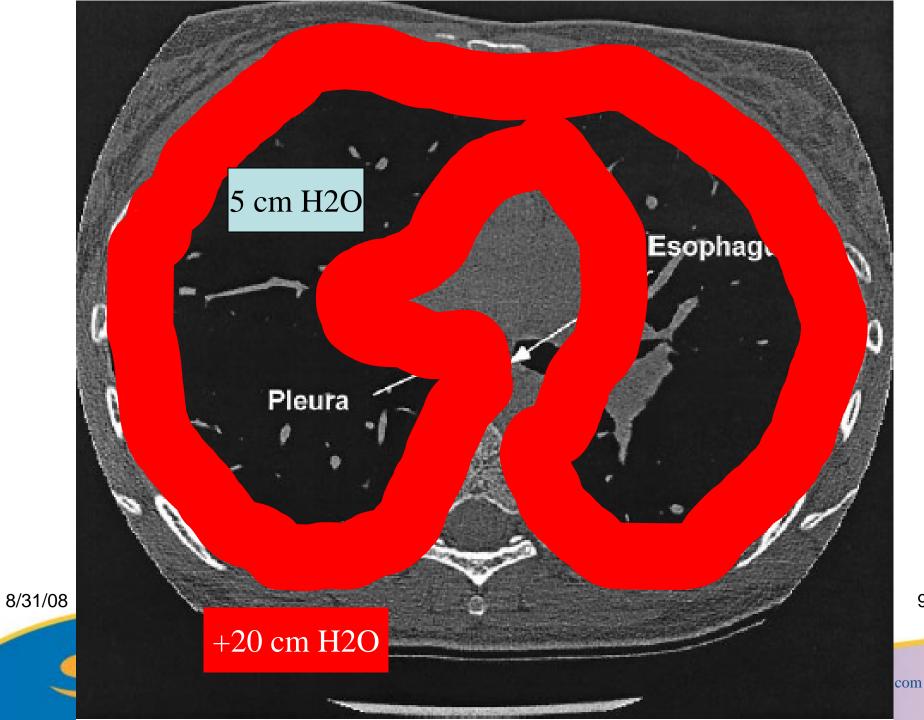


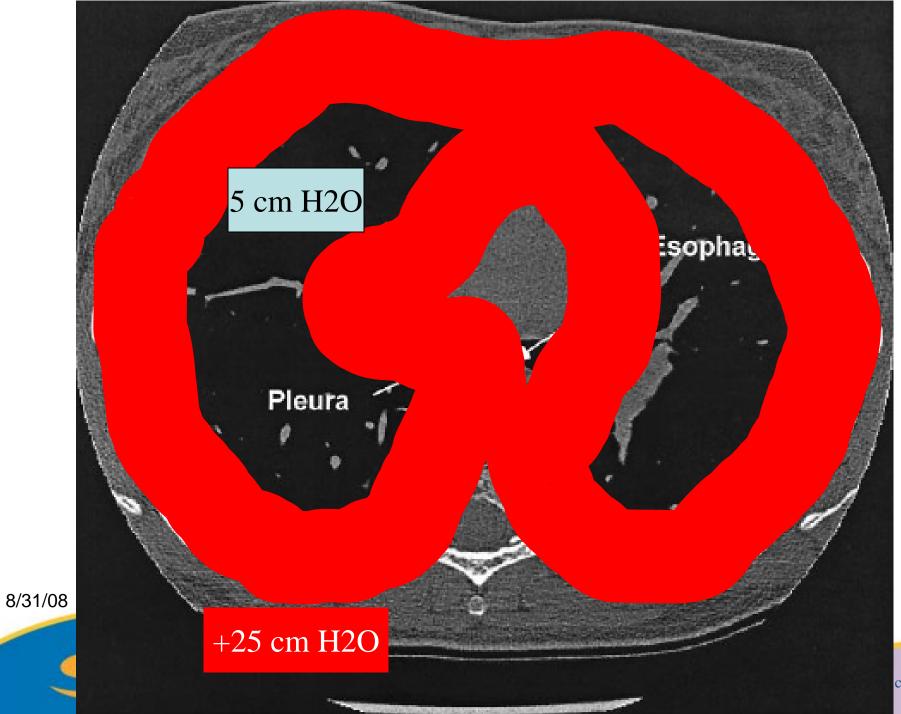












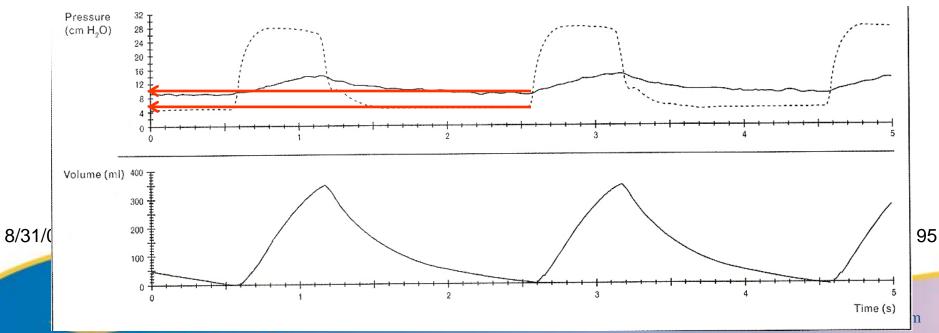
Normal Chest Wall Vs. Increased Chest Wall



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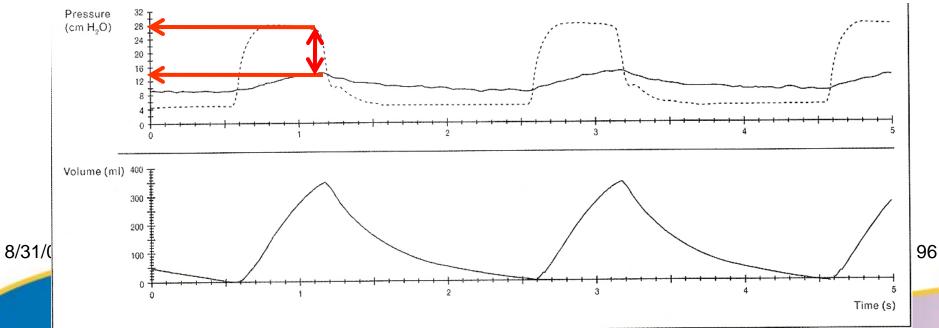
Measurement of End Expiratory Transpulmonary pressure "EETP"

- Transpulmonary Pressure = Alveolar pressure pleural pressure
- Palv-Pplp=Ptp
- 4 9 = -5 cm H2O
- Where should PEEP be set to have a EETP of 0- +1?
- 9-10 cm H2O



Measurement of Transpulmonary pressure End Inspiratory

- Transpulmonary Pressure = Alveolar pressure pleural pressure
- Palv-Pplp=Ptp
- 28 14 = +14

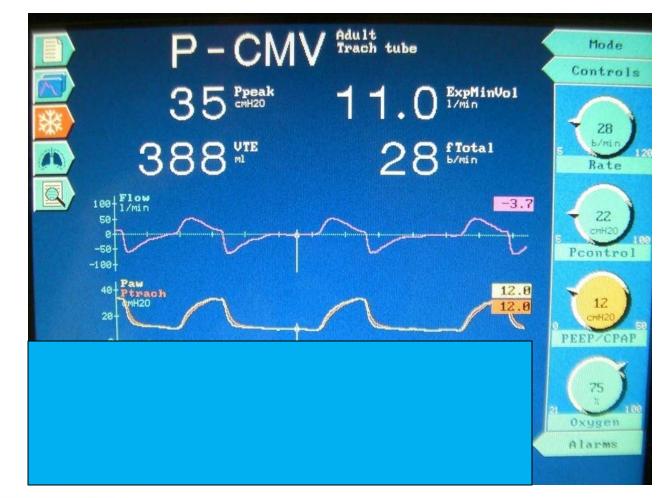




- 62 year old man with ETOH abuse presented to OBX hospital for c/o nausea/vomitting X3 days.
- Admitted for having melena, but no rectal hematochezia or hematemesis.
- Hgb of 4.8 and transfused with 3 units PRBC and transferred to SNGH.
- 1994 & 2006 CABG and cardiac valve replaced X2.
- Hypoinflation, bilateral diffuse infiltrates, underlying pulmonary congestion, pneumonia.
- Trached and future problems with oxygenation ^{8/31/08} prompted use of esophageal balloon.



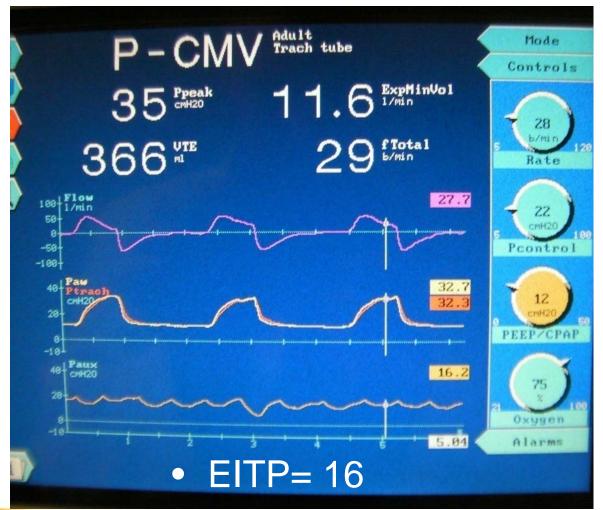
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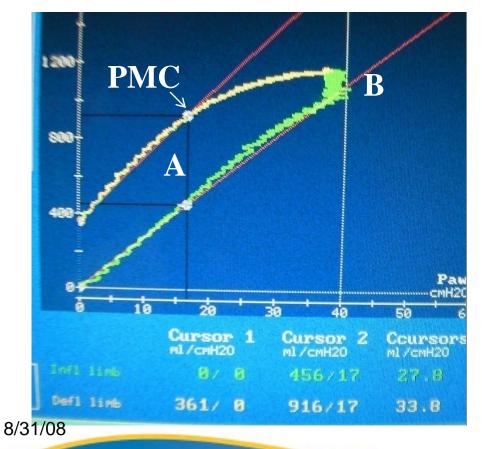
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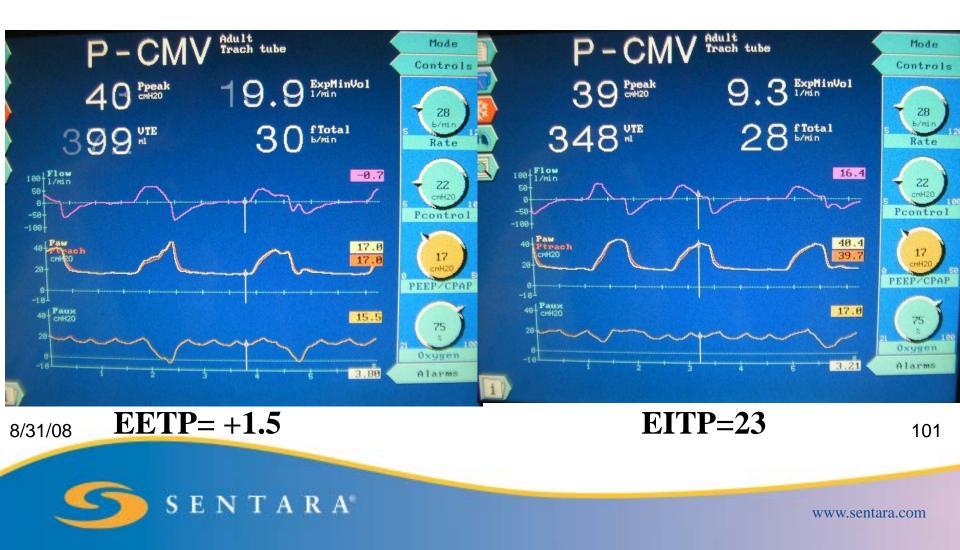
- PV curve performed to assess lung recruitability.
- PV Curve Hysteresis

 (A) & Volume of
 Recruitment (B) both
 indicate recruitability.
- PMC &PVH largest at 17cmH2O.

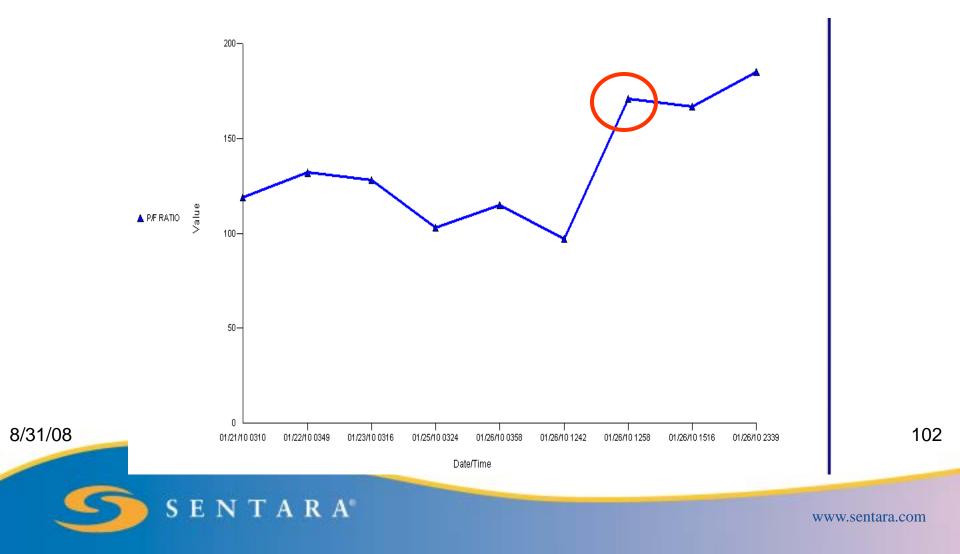
100

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PEEP 17 cm H2O



P/F ratio increased due to PEEP increase



Case Study #2

- 48 year old female
- 5'8," 298 lbs= BMI of 45.43Kg/m- (30 is classified as obese)
- post-op (small bowell resection and repair) Para esophageal hernia
- Moderate Pulmonary Hypertension (69 mmHg, normal is 25)

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- Sepsis
- Acute renal failure

- Peritonitis
- CAD
- Anemia
- Hx of DVT
- Abdominal pain
- Hypokalemia
- Calcified mediastinal mass
- Diabetes mellitis- Type 2 uncontrolled
- Renal Artery Stenosis
- Leukocytosis
- ARDS

103

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PORT AP SEMI UPRIGHT 45 DEGR

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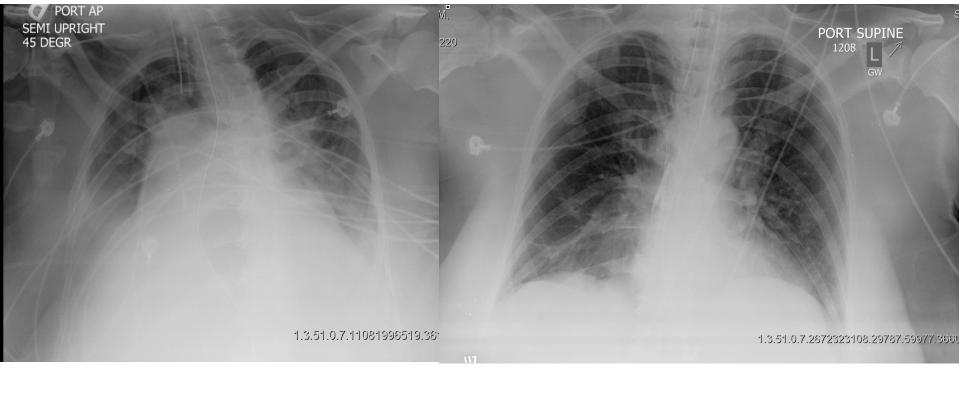






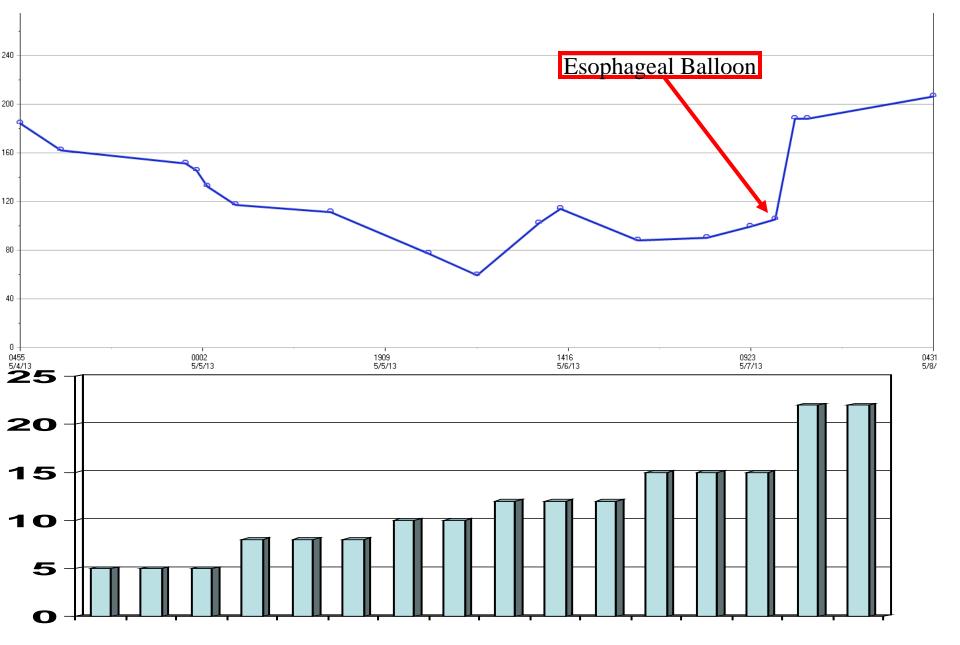


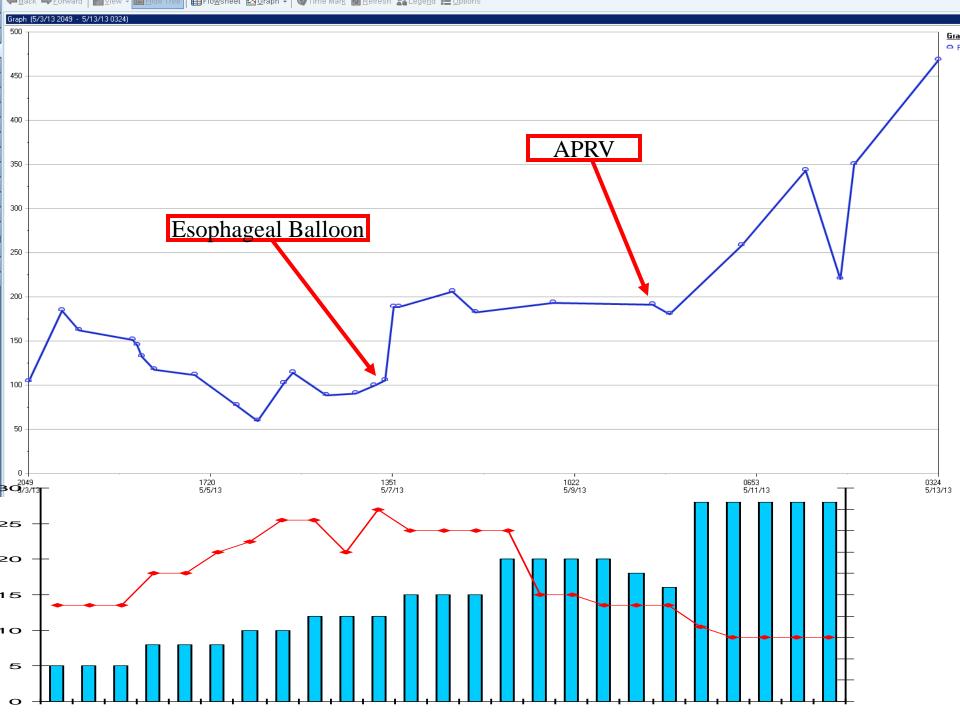
Chest X-ray Pre/Post Ventilator adjustments





Oxygenation Trends despite PEEP increases





Summary

- "However does it make sense not to use a novel (or not so novel) therapeutic strategy that has a strong physiological rationale, demonstrates a strong positive trend in an important clinical outcome has an acceptable adverse effect profile & is inexpensive."
 - Dr. Arthur Slutsky. Improving Outcomes in Critically III Patients: The Seduction of Physiology. JAMA 2010;302(18):2030-2032.



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Thank you!

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