

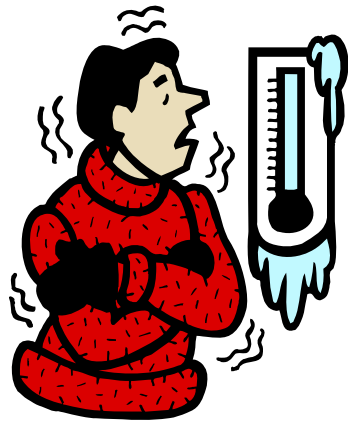


ALS in the HOMEFRONT

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ALS Nurse Consultant
NCSRC 9/27/2013

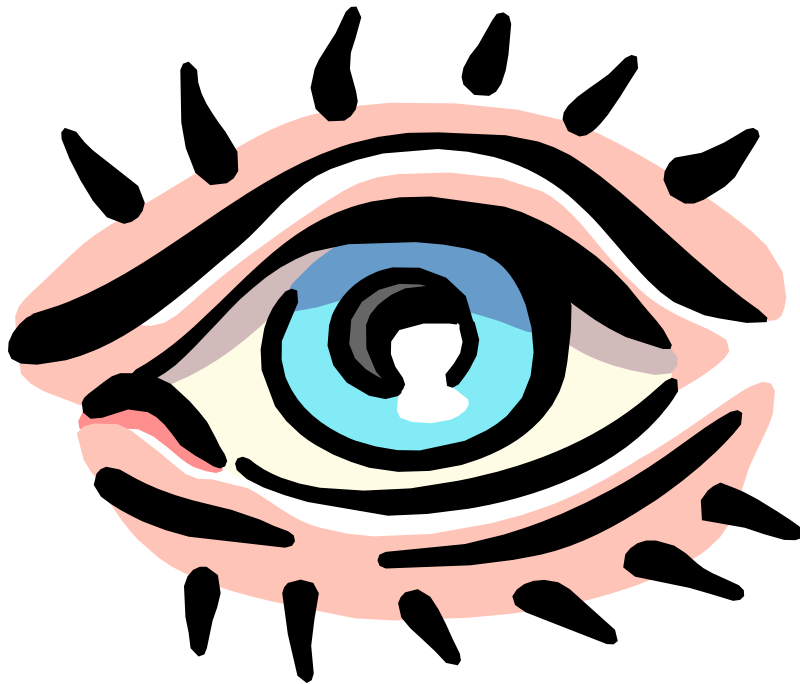
WWW.ALSCARE.COM

Temperature Variances



- Hot/ cold flashes
- Perspiration
- Skin flaking/redness
- Hairy Areas
- Scalp-Tar base shampoos
- Keep clean and dry
- Ceiling fans

Eye Care



- Eye blink is strongest muscle. Take care.
- Maybe extra sensitive
- Warm wash cloth in AM
- Visine and massage
- Glasses vs. Contacts

Teeth-Tongue-Breath-Gums



- Lip Balm / Vaseline
- Electric or Manual
- Gel vs. Paste
- Tongue Scraper
- Mouthwash
- Salt water rinse
- Suction Machine

Oxyfresh Products

- **Oxyfresh Toothpaste**
- Oxygene® helps eliminate odors through the oxidation of odor-causing molecules.
 - Removes plaque without harmful abrasives or harsh chemical additives.
 - Super-concentrated — lasts three to four times longer than other leading toothpastes.
- **1-800-333-7374**
- **www.oxyfresh.com**
- **Distributor**
#180695743



Communication

- Bulbar
- Speak slowly
- Spell - oral or print
- Speak and Spell
- Magic doodle
- Hand held computer
- Motor control
- Larger Mouse
- Ball Mouse
- Enlarge Keyboard
- Eye gaze control
- Software program

Eye Language Communication

- Low Tech
- Easy to Use
- Easy to Memorize
- Free



BiPap



- Better sleep makes for better days
- MASK – one size does not fit all. (2)
- May want to get acquainted with an Emerson “cough assist” machine
- Practice during the day

What I preach

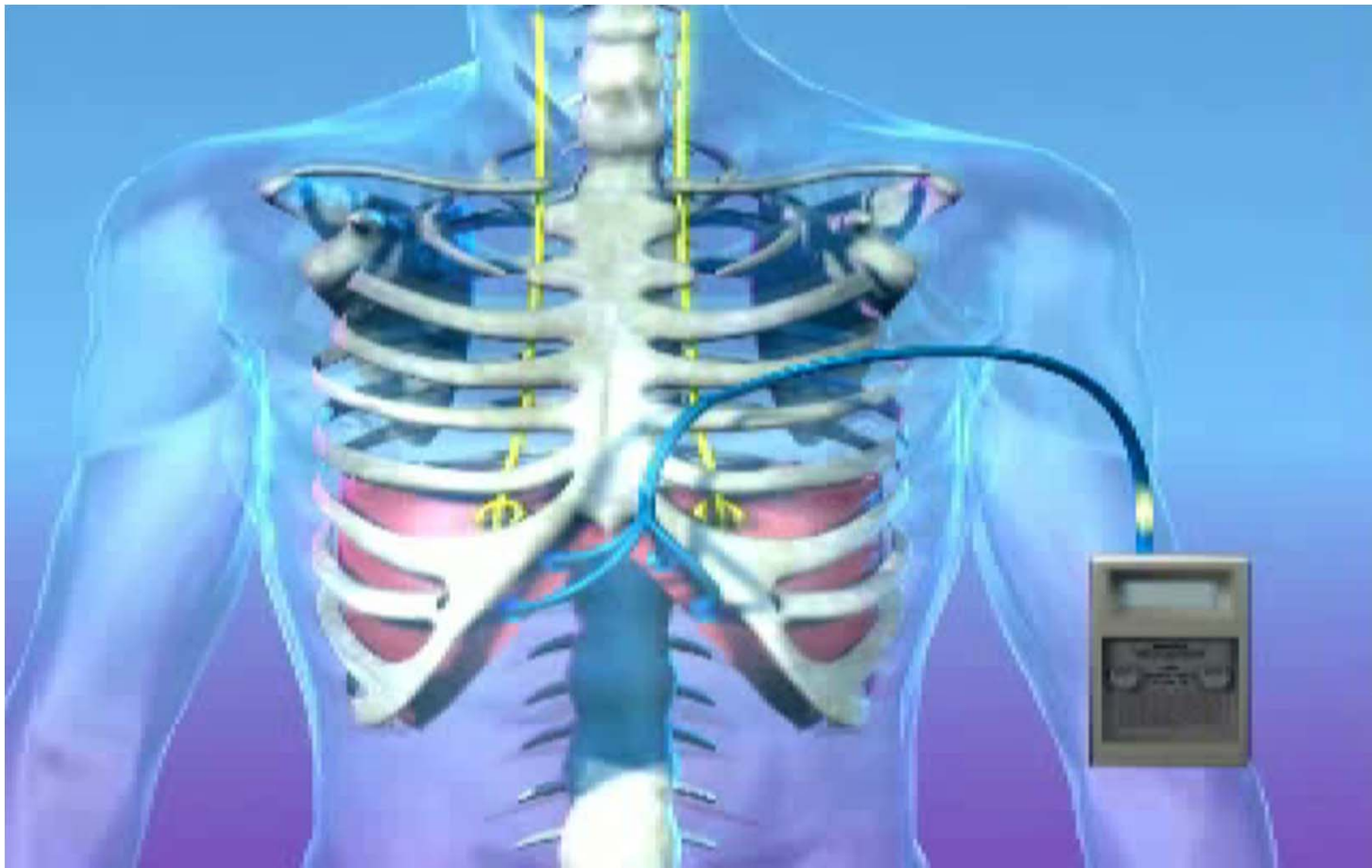
Cough Assist



Smart Vest



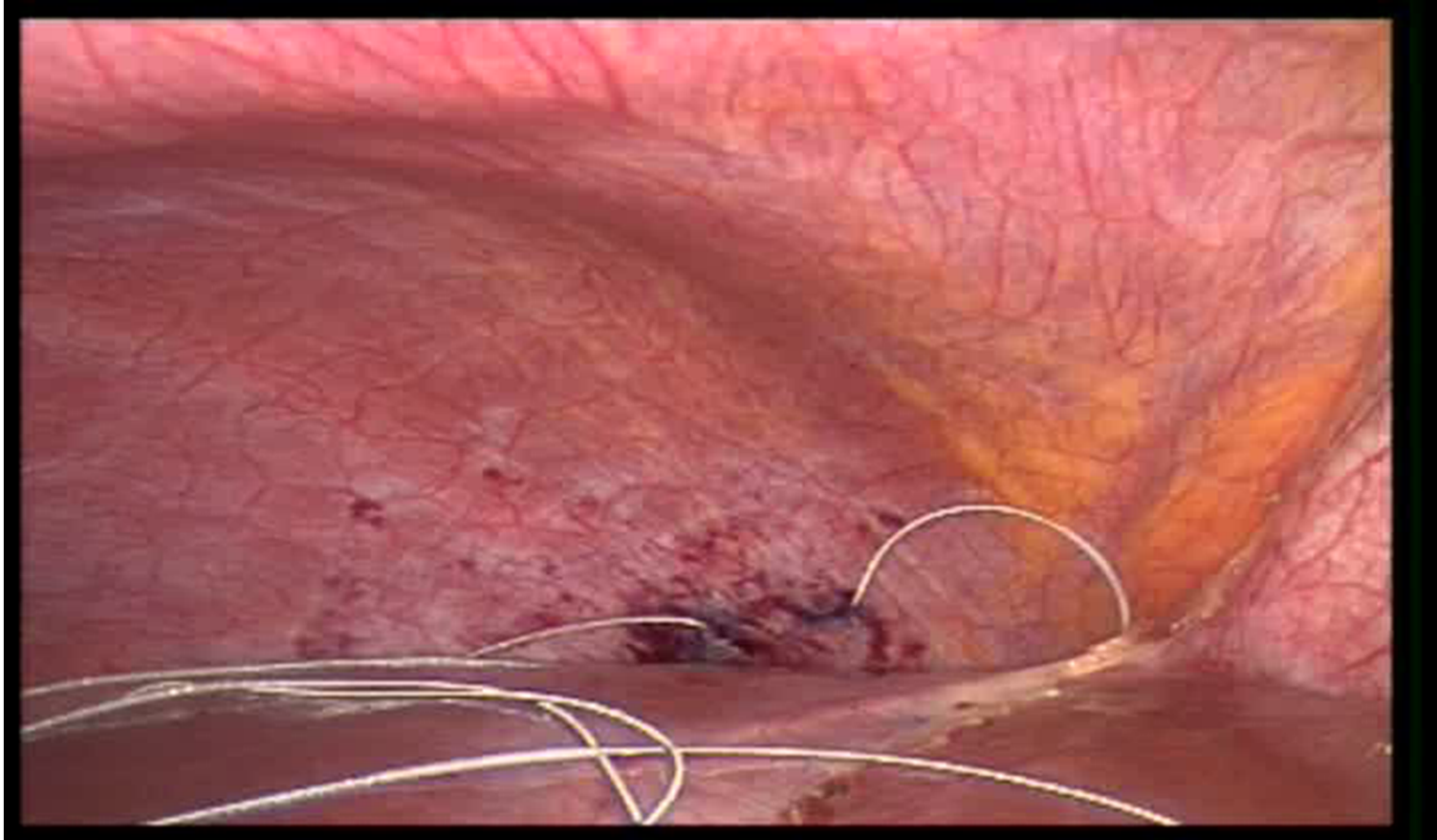
Synapse Biomedical
NeuRx Diaphragm Pacing System

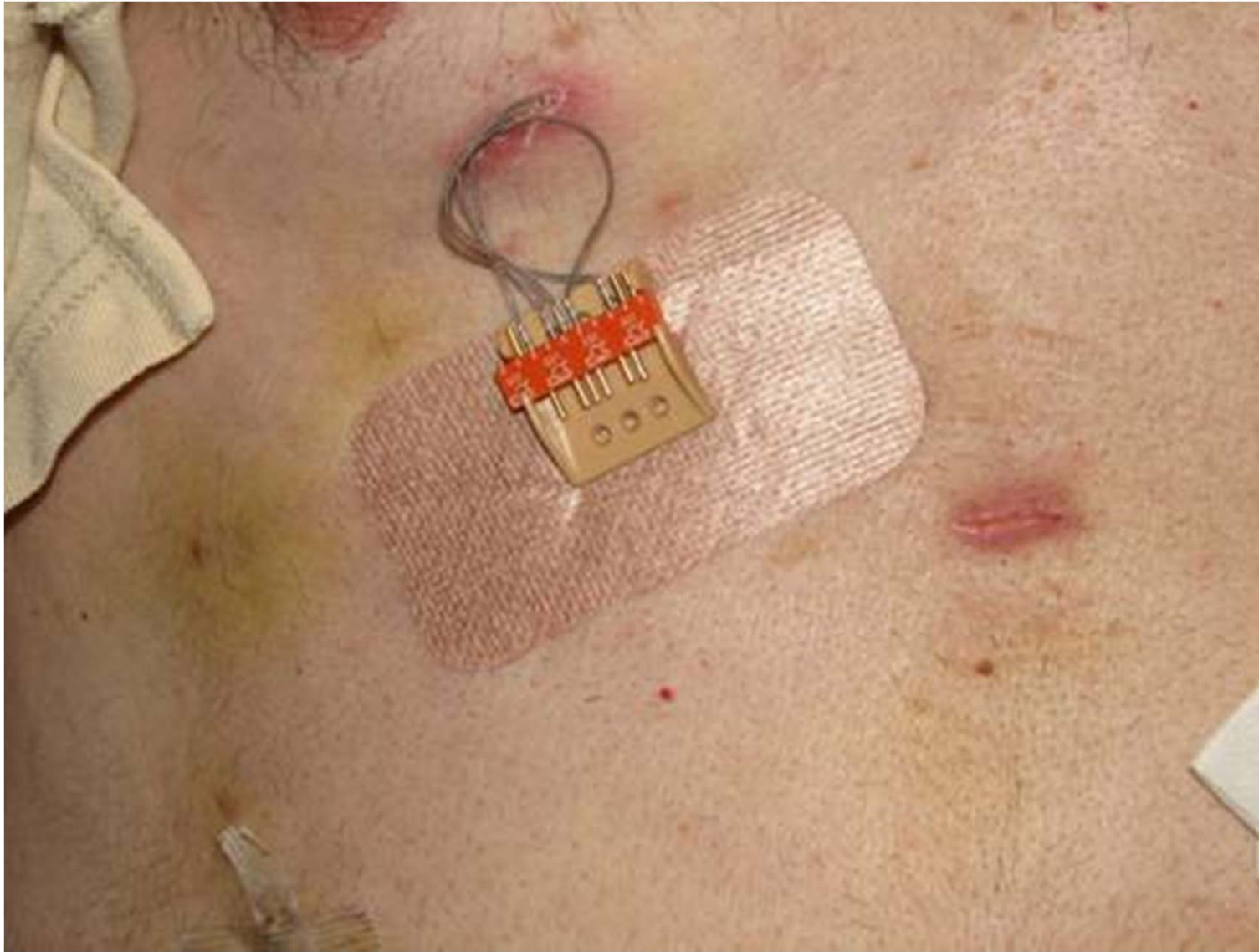


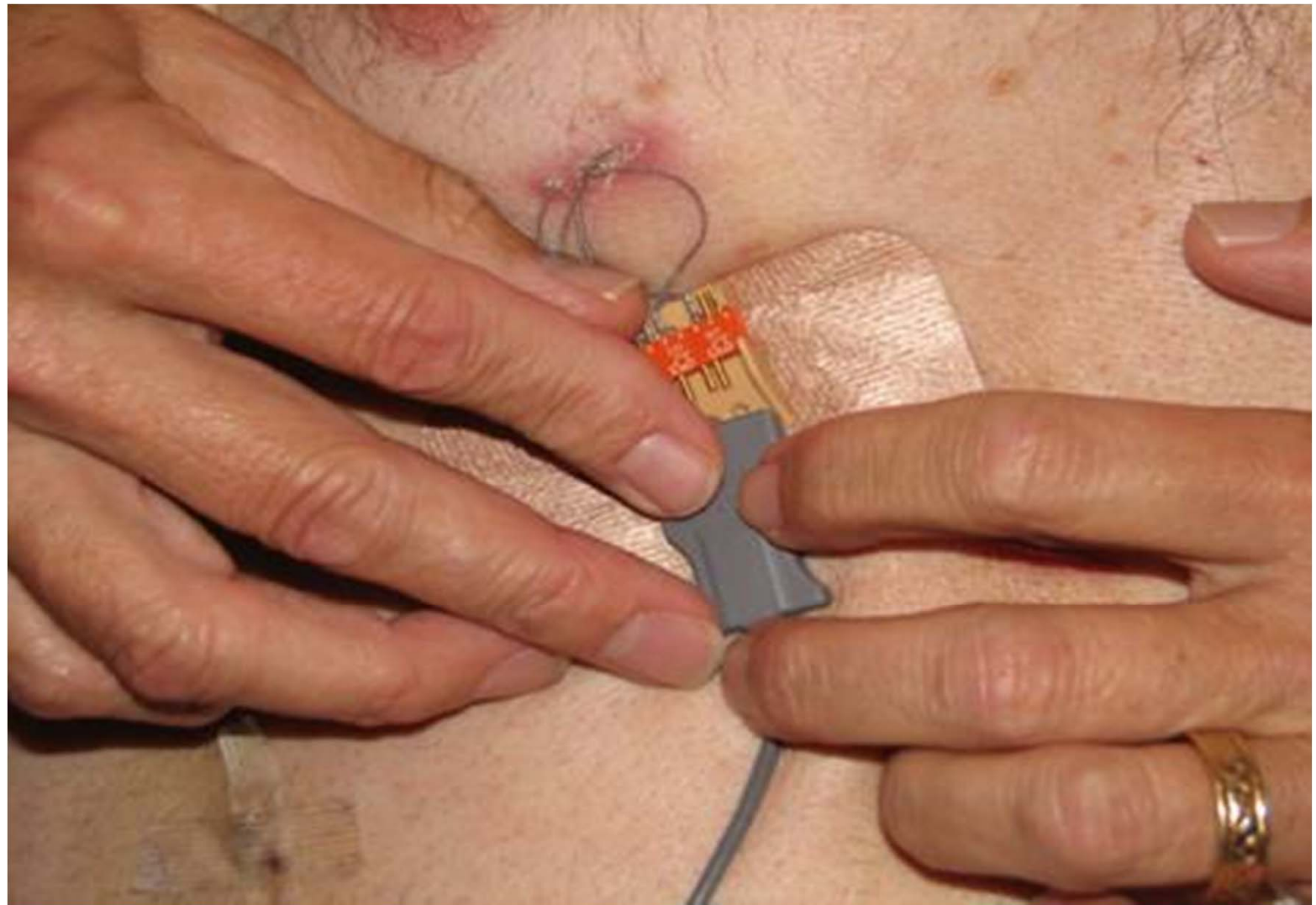
Mapping the Diaphragm



Electrodes on Right Diaphragm







Diaphragm Pacer Supplies

